4-life mjc

community education





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Ready for an Exciting Summer!

Welcome to Summer 2014! Our team has been working hard on an exciting menu of classes and programs for you. Come and join our community where you will "learn by doing" and meet others with similar interests. We continue to offer a variety of both new and ever-popular classes for adults and children. A few of our new classes include Cheer 'n Dance, Art Attack, Zumba Gold, Marquee DIY, and many more. Our ever-popular classes include Camp for Kids, swim lessons, Motorcycle Training, dance, painting, sewing, and more.

Summer is also a great time to travel! Whether it is a sporting event, museums, plays or seeing the world, we have some wonderful traveling options for you. This summer our day trips will include Giants Baseball Games, Sunset Magazine, San Francisco Moving Movie Tour, Delta Cruise, deYoung Museum, Roaring Camp, and more (see pages 52-62).

It has never been a better time to enroll. Register Today!

Pedro Mendez

Dean of Community Education, Technical Education & Workforce Development

COMMUNITY EDUCATION STAFF

Kelly Addington
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m_Jc4life

Adult Fun

ART/CRAFT

CHALK PAINT® by Annie Sloan: CHALK PAINT® 101



NOTE: Material fee required to cover supplies and take-away samples. Class size limited to 12.

 Lauren Camarata
 \$35 + \$25 mat. fee*

 Jun 9
 Mon 4pm - 7pm

 1 session
 Bldg 6000, WC, 6002

*pay \$25 material fee to instructor at class

Ring Making Workshop

If you love handmade jewelry, but don't know where to start try this beginning class and learn soldering and



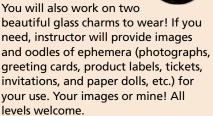
embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that might make you consider getting more involved.

Jean Hayes May 20 - May 27 2 sessions \$42 + \$15 mat. fee* Tue 6:30pm - 9:30pm Bldg 6000, WC, 6003

*pay \$15 material fee to instructor at class

Soldering Glass Jewelry

Fashion a 3"x 5" antique beveled glass mirror heirloom, from scratch! Bring your own antique image to use for this keepsake.



NOTE: Bring safety goggles or glasses. All other necessary materials provided. Ask for list of optional tools and materials. See supply list for specific sizes of photos for ornament and charms.

Debra Greenlee
Jun 18
1 session

\$39 + \$15 mat. fee* Wed 6pm - 10pm Bldg 6000, WC, 6002

*pay \$15 material fee to instructor at class

Jewelry Mixed Media

Learn an artistic take on jewelry design that's a little offbeat, using mixed media. Try your hand at combining a variety of unusual materials together in the same jewelry piece. Let go and have some fun trying new ways to combine beads with chain, ribbon, cording, wire, buttons and charms, even try your hand at a resin piece, to create an eclectic necklace or bracelet. This class is designed for beginner and intermediate students.

NOTE: Bring chain nose pliers, round nose pliers, and jewelry type wire cutters. Bring bits, baubles and trinkets. Broken jewelry, Grandmas wrist watch, Great Aunts brooch, chain, beads, etc. You will receive a kit full of fun and practical items to make a unique and fun piece of jewelry.

Debra GreenleeJul 23
1 session

\$29 + \$20 mat. fee* Wed 9:30am - 12:30pm Bldg 6000, WC, 6002

*pay \$20 material fee to instructor at class

Fun with Leisure Watercolor Painting

Don't miss out on this ever-popular class. Our instructor, Linda Salmon, will help you learn and be successful in this great art medium. If you have admired watercolor paintings and thought it would be a fun technique to know, then this class is for YOU. The class is designed for all levels. Learn the basic techniques, color, and composition. You will receive individual assistance and experience the joy of painting with watercolor.

NOTE: \$10 material fee will cover supplies for the first two weeks of class. Instructor will talk about supplies to purchase for future classes.

Linda Salmon Jun 23 - Aug 11 8 sessions \$125 +\$10 mat fee* Mon 2:30pm - 5:30pm Art Building, 102

*pay \$10 material fee to instructor at class

Getting Started with Acrylics

Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like watercolors. Applied thickly they resemble oils, but are easily cleaned up with water.



Colors are exuberant; mistakes can be hidden. We will go over different techniques and cover tools, surfaces, and brushes used in this very creative medium. All levels of painters welcome.

NOTE: Ask for supply list or go to www.mjc. edu/commed. Don't purchase your supplies until you have confirmed with our office that the class will be held.

Linda Salmon \$99 + \$10 mat. fee* Jun 23 - Jul 28 Mon 6pm - 8:30pm 6 sessions Art Building, 102

*pay \$10 material fee to instructor at class

Exploring Drawing Techniques

Whether you are a novice or a seasoned hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand



coordination. Graphite, ink and charcoal will be the drawing tools, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

NOTE: Bring supplies to first class. Go to www.mjc.edu/commed. Material fee covers supplies used in class. Dont buy supplies until you know the class will go.

Linda Salmon Jul 9 - Aug 13 6 sessions

\$99 + \$10 mat. fee* Wed 6pm - 8:30pm Art Building, 102

*pay \$10 material fee to instructor at class

Beginning Landscape Oil Painting

Come learn the fundamentals of mixing and color, as well as brushes, composition and atmosphere in landscape painting. Each session will consist of a demonstration, along with individual painting time. This is the perfect course to get your feet wet in oil colors. Most of all, we will have fun in a totally non-judgmental atmosphere. All levels welcome.

NOTE: No class on July 3. Teacher will go over supplies on the first night. Do not purchase your supplies until after you meet with the teacher. Do not purchase your supplies until after the 1st night.

Deborah Wilbourne\$89 + \$5 mat. fee*Jun 19 - Aug 14Thu 6pm - 9pm8 sessionsArt Building, 102

*pay \$5 material fee to instructor at class

Drawing in Colored Pencil

Colored pencils are a fun, safe and a portable way to express oneself artistically. You will focus on basics of color theory and color application while drawing spring flowers. Learn to mix and blend colors and to use pencils to create tone and hue. You will cover a variety of techniques and work on a variety of natural objects or from photographs. All levels welcome.

NOTE: Bring to first class a Prismacolor 24 (or larger) pencil set. Don't buy supplies until you know the class will go.
Material fee covers supplies used in class.

Linda Salmon
Jul 15 - Aug 5
4 sessions

459 + \$10 mat. fee*
Tue 6pm - 8:30pm
Art Building, 102

*pay \$10 material fee to instructor at class

Floral Design: Centerpieces





your party tables? In this class, you will make two marvelous, professional quality, seasonal fresh flower centerpieces to take home.

NOTE: Tools to bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); Wire cutters.

 Debra Greenlee
 \$39 + \$60 mat. fee*

 Jun 3 - Jun 10
 Tue 6pm - 8:30pm

 2 sessions
 Bldg 6000, WC, 6002

*pay \$60 material fee to instructor at class - includes flowers and containers



The Lost Art of Calligraphy

Discover the beautiful lost art of Calligraphy. Learn various styles for adding that graceful touch to framing, cards, special invitations, documents and crafts. Also learn a fun, easy way to Illuminate your monogram!

NOTE: Minimum supplies to bring to first class: One double sided calligraphy marker 2.0mm & 5.0mm. Practice paper. Complete supply list at wwww.mjc.edu/commed.

Marianne Blazzard \$59 Jun 25 - Jul 23 Wed 0

 Jun 25 - Jul 23
 Wed 6pm - 7:30pm

 5 sessions
 John Muir, WC, 259



Flip Display Album



décor item. This album is fun and full of interactive pages that are simple to make yet look amazing. The album is made using an acrylic stand and tons of beautiful & unique embellishments, your kit is all inclusive and I've spared no expense. You will learn fun techniques that are simple enough for the beginner and challenging enough for the seasoned crafter. The album holds lots of pages for your pictures and makes a beautiful display in any room or office. It's the perfect gift and once you learn to make this one you can make as many as you want to give away! Ages 14 with consent form.

NOTE: Material fee for kit. Please bring: Paper Trimmer, Adhesive, Glue Dots, Bone Folder, Scissors, 3D Foam Squares/Dots.

Audra Munoz \$29 + \$20 mat. fee*
Jul 10 Thu 6pm - 9pm
1 session Wawona 2

*pay \$20 material fee to instructor at first

Authentic Stained Glass for Beginners

Come join us and learn the skilled art

of authentic stained glass. This is an exciting class in learning the Tiffany style process. No experience



necessary. You'll learn to cut 40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.

NOTE: Bring to first class: safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

A >Wizzi Wisilinski	\$115 + \$95 mat. fee*
May 20 - Jun 24	Tue 1pm - 4pm
6 sessions	Bldg 6000, WC, 6002
в >Wizzi Wisilinski	\$115 + \$95 mat. fee*
Jul 22 - Aug 26	Tue 1pm - 4pm
6 sessions	Bldg 6000, WC, 6002

^{*}pay \$95 material fee to instructor at class

WORKSHOP - for Authentic Stained Glass Students

This class is for those that have taken the Beginning class with Wizzi and want to continue working on other projects of their choice. You must have taken a Beginning class from Wizzi in order to register for this class. The class will be held at the same time as the Beginning class. You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

NOTE: You will select your project and purchase your glass and supplies separately.

A >Wizzi Wisilinski	\$75
May 20 - Jun 24	Tue 1pm - 4pm
6 sessions	Bldg 6000, WC, 6002
в >Wizzi Wisilinski	\$75
Jul 22 - Aug 26	Tue 1pm - 4pm



Professional Pearl and Bead Stringing

Learn to tie your own pearl necklaces and save money. Quality jewelry is hand-tied and knotted. Don't pay the high cost of professionally-tied necklaces, tie your own. Find out where to purchase pearls and precious beads. This would make a great Mother's Day or Graduation gift.

NOTE: Material fee paid to instructor for first project kit

 Jean Hayes
 \$69 + \$30 mat. fee*

 Aug 5 - Aug 19
 Tue 6:30pm - 9:30pm

 3 sessions
 Bldg 6000, WC, 6003

*pay \$30 material fee to instructor at class



Movie Marquee DIY Project

Build your very own marquee!
Have your surname, tag phrase or child's name in lights literally.

Debbi will show you how to make this unique project that can serve as a party decoration, home or child's room décor - once you make one you'll want to make more. Class for kids ages 13+ on page 35.

NOTE: Wear clothing appropriate for painting. Material fee covers all materials and supplies to make at least one large marquee letter.

 Debra Greenlee
 \$29+ \$25 mat. fee*

 Jul 9
 Wed 6pm - 9pm

 1 session
 Bldg 6000 , WC, 6002

*pay \$25 material fee to instructor at class

6 sessions

Bldg 6000, WC, 6002

MUSIC



You Can Uke!

Ukulele for beginners or rusty players. Experienced players welcome too. Learn or review fret board, chords, and strums. Relaxed class - No musi-

cal background necessary. We'll learn songs made popular by famous ukuleles - from Hawaiian to Rock & Roll and more. Bring your friends and family.

NOTE: Bring any type of ukulele.

Lorrie Freitas \$45 + \$5 mat. fee* Aug 7 - Aug 28 Thu 6pm - 7:30pm 4 sessions Music Building, 112

*pay \$5 material fee to instructor at class

Beginning Piano for Adults

You have always wanted to play piano but it was never the right time? Well the time is NOW! Piano lessons are great for the hands, mind, and spirit. Come learn in a warm, supportive class. You will work at your own pace on individual keyboards.

NOTE: Bring a pair of full-ear headphones with large-size adapter. If you have already taken this class and still have the book, call the office at 575-6063 to register without paying for the book.

 debee loyd
 \$79 + \$10 mat. fee*

 Jul 10 - Aug 14
 Thu 6:30pm - 8:30pm

 6 sessions
 Music Building, 109

*pay \$10 material fee with registration fee

Beginning Harp I Workshop for Adults

Have you ever wanted to play the harp? It's easier than it looks! You will learn to play simple melodies and accompaniments on the Celtic harp. No prior musical experience necessary - just bring your love of this beautiful instrument.

NOTE: Each student will be provided a harp for use during class.

Margie Butler \$33

Aug 23 Sat 10am - 12pm 1 session Music Bldg, 111

Beginning Harp II Workshop for Adults

In this class you will expand upon what you learned in Beginning Harp I, with more songs, more complex arrangements and lots of fun!

NOTE: Each student will be provided a harp for use during class.

Margie Butler \$33

Aug 23 Sat 1pm - 3pm 1 session Music Bldg, 111



African D'jembe Drumming

Come discover the popular D'jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promotes hand and eye coordination and releases stress. No prior experience necessary all levels welcome. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina

Jun 2, 9, 23 & 30 4 sessions

Mon 6pm - 7pm Valley Charter H.S.

Lion's Den



Music Rhythm & Movement

Have you ever wanted to play music with others, but not sure how or where to start? Whether you sing or play an instrument now or have done so in the past you will find this jam session using various instruments filled with extraordinary energy. A dynamic integration of group drumming, music improvisation, and body movement, this approach to music is open to all and allows both the beginning and advanced musician to experience the joy of spontaneous creativity in a mutually supportive, and relaxing way. No musical background is

NOTE: Bring your instrument or one will be provided for in-class use.

\$59

necessary. Come join the fun!

Chris Condon Jun 11 - Jul 16

6 sessions

Wed 7pm - 8:30pm

New Parking Fees at

Daily Parking - \$2.00 (beginning July 1)

Summer Semester - \$15 (as of May 1, 2014)

Motorcycle - \$7.50

SEWING



Adult Sewing

Do you want to learn how to sew and alter your own clothes or sew items for your home? Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, handsewing techniques, purchase fabric, cut and sew your project. Projects: double drawstring bag, pillow with zipper and an apron. Patterns are provided.

NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring to class a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailors chalk. Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

A > Carrie Carlile-Ward	\$119
Jun 9 - Jul 14	Mon 6:30pm - 9pm
6 sessions	John Muir, WC, 259

B > Carrie Carlile-Ward \$119 Jul 21 - Aug 25 Mon 6: 6 sessions John M

MJC

COOKING



Beginning Cake Decorating

Sign up early as this is one of our most popular cooking classes. It always fills up! Have fun and be creative! Learn the basic way to bake a cake and the basics of cake decorating. This beginning class uses 1/2 of a sheet cake board to practice pressure and control techniques, borders, flowers and icing a cake. You will only be required to bring one cake on the 6th day of class.

NOTE: Bring the following supplies to the first class: Decorating Tips #3, 4, 16, 30, 47, 67, 71, 80, 104, 136, 190 and 199; 2 couplings; 2 - Wilton 8 decorating bag, 1 - #7 flower nail; 1 - Lily flower Nail Set, 1 - washcloth, 1 cookie sheet and a zip lock bag. Go to www.mjc.edu/commed to download supply list.

 Patsy Laws
 \$75 + \$12 mat. fee*

 Jul 8 - Aug 19
 Tue 6pm - 8pm

 7 sessions
 Wawona 1

*pay \$12 material fee to instructor at class

Egg Roll Party

Have fun cooking with friends and family when you learn to prepare egg rolls using an easy hand rolling technique. Students work hands-on making pork and vegetarian filling for egg rolls, as well as dipping sauces. After they are fried or baked, the egg rolls will stay crisp all day long. Impress your guests with the crispy taste.

NOTE: Bring apron, knife and chopping board for hands-on experience. Inform Comm Ed about any food allergies.

Alison Cruz \$29 + \$15 mat. fee*
Jun 7 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

Flavors from a Latin Table: Best of Spain

You can create and enjoy a Spanish feast! Savor fabulous Manchego Cheese and Spanish Sausage, and learn how to make some of Spain's most beloved dishes, including Malaga Gazpacho, Spanish Bruschetta, and Churros with Chocolate Sauce. Encouraging instruction guaranteed!

NOTE: Bring apron, knife and chopping board. Please inform Community Education regarding food allergies.

Alison Cruz \$29 + \$15 mat. fee*
Jun 28 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class



Chocolate Gifts from the Kitchen

Get ready to have fun making everything with chocolate! Learn how to temper, store and package your sweet treats. Create a variety of different projects like chocolate pretzel sticks, dipped fruit, caramel wraps, filled molds and much more. Each student will take home a box of chocolate treats ready to give as gifts or to share with family.

Lisa Ebina \$29 + \$15 mat. fee*
Jun 5 Thu 6pm - 8pm
1 session Wawona 1

*pay \$15 material fee to instructor at class



Gluten-Free Favorites: Cookies, Breads, and Pizza

This class will focus on gluten-free food and substitutes. You will make alternatives to classic oven made dishes like pizza using cornmeal or vegetablebased crusts. Learn to prepare almendrados cookies, and biscuits using almond flour and other great options for gluten-free recipes tried and true.

Alfonso Alacrcon \$29 + \$15 mat. fee* Jul 19 Sat 9:30a.m. - 12:30pm 1 session **Direct Appliance**

*pay \$15 material fee to instructor at class



Mediterranean Summer

Enjoy the flavors of the Mediterranean as you learn how to prepare Barg Kabob for your next BBQ. Kabobs cut include chicken, beef or a beef and lamb mix, then marinade with a blend of authentic seasoning skewered and grilled. Kabob will be flanked with a fresh traditional vegetable platter, and hummus. As a special treat you will learn to make a Persian rice salad that is light, fruity and perfect for taking on a picnic or to a BBQ. .

Elizabeth McCurry \$29 + \$20 mat. fee* Aug 2 Sat 9:30pm - 12:30pm 1 session **Direct Appliance**

*pay \$20 material fee to instructor at class

DANCE

East Coast Swing



Some things never

change - like the basic steps of Swing. Taught by husband and



wife, Eric and Robin Anderson, this class is focused on learning enough of the basics to be able to go out and have an evening of fun. East Coast Swing (also known as Double Swing, Triple Swing, Lindy Hop, and Country Swing) can be danced to both fast and slow music. You will learn the basics of leading and following that apply to all couple dances. You will also learn a few of the simple swing steps, with variations, so you can enjoy dancing like a pro! A partner is not required, but it will be more fun if we have an even number of men and women.

NOTE: Anyone between the ages 14-17 must have a signed Minor Consent Form at time of registration (see page 67).

Eric & Robin Anderson \$39

May 23 - Jun 13 4 sessions

Fri 6pm - 7pm Valley Charter High

School

Foxtrot



Come and have a fun night out with Eric and Robin Anderson. Foxtrot is danced to a slow tempo

 the same 4/4 rhythm which most "slow songs" on the radio are written. In addition to learning about the importance of leading and following, you will learn a few simple moves/steps with variations so you can switch off and not get bored with just one step. A partner is not required, but it will be more fun if we have an even number of men and women.

NOTE: Anyone between the ages 14-17 must have a signed Minor Consent Form at time of registration (see page 67).

Eric & Robin Anderson \$39

May 23 - Jun 13 4 sessions

Fri 7:15pm - 8:15pm Valley Charter High School, Lion's Den

Salsa and Night Club **Two Step**

Are you looking for something new to try this summer? A new hobby perhaps? Designed for the absolute beginner in mind this class will give you the chance to see what it's all about. A great way to meet new people or visit with your friends.

NOTE: No partner required. Wear soft sole shoes.

Gay Grant Jun 17 - Aug 5 \$59

Tues 7pm - 8pm 8 sessions Valley Charter High School

Salsa & Bachata

Love Latin music? Then this is for you! Gain confidence and have fun learning sexy new moves for the two most popular Latin club dances ever. Bring a friend, a group, or just come solo; either way don't wait and come get dancing with us!

NOTE: No partner required. Wear soft sole shoes.

Heidi & Xavier Gomez

Jun 15 - Aug 3 Sun 6pm - 7pm 8 sessions You Can Dance Co, Ste P



Cardio Line Dancing

No partner needed to have fun here! Get a great work out and learn all the best line dances! We'll cover the "oldies" that will always be popular as well as the latest dances. You'll be ready for all social dance occasions as we cover a variety of rhythms; Country, Cha-Cha, Disco, Urban, Latin and more. Great fun for all!

NOTE: No partner required. Wear soft sole

Heidi & Xavier Gomez \$59

Jun 10 - July 29 Tue 6pm - 7pm You Can Dance Co, Ste P 8 sessions

ACTIVITIES

nOODLES of Fun



You will be surprised how many ways

you can use a swim



play with us! For more info go to http:// www.waedwards.net/mjcclasses.aspx.

NOTE: Bring a yoga/exercise mat to class. It is recommended that you consult your doctor prior to starting an exercise program. No class July 15.

\$79

William and

Ann Edwards

Jun 3 - Jul 29 8 sessions

Tue 5:30pm - 6:30pm John Muir, WC, 265

Get on the Ball - Core Conditioning

Are you ready to roll? Swiss ball training is an excellent way to increase your core stability muscle strength, balance, posture and flexibility. This class will be scaled to accommodate every fitness level and will challenge everyone. American College of Sports Medicine Health Fitness Specialists William and Ann will lead you through a safe, effective, and fun whole-body exercise program using only a Swiss ball and a resistance band. You will be amazed at how many exercises you can do with so little equipment. Join in the fun!

NOTE: No class July 3 and 17. Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy one from the instructor. See photos at http:// waedwards.net/mjcclasses.aspx. It is recommended that you consult your doctor prior to starting an exercise program.

William and **Ann Edwards**

Jun 5 - Aug 7 Thu 5:30pm - 6:30pm John Muir, WC, 265 8 sessions

\$79



Zumba Gold®



This easy-to-follow program lets you move to the beat at your own speed. It's an invigorating, dancefitness class that feels fresh, and most of all, exhilarating! Zumba Gold® classes provide modified, low-impact moves for active older adults, or anyone who wants the fun of Zumba at their level.

NOTE: You should check with your Doctor before starting any new exercise program.

Deanna Olson

\$55

Jul 22 - Aug 14 8 sessions

Tue, Thu 11am - 12pm John Muir, WC, 265

How to Train for a Marathon - 0 to 5k

Are you ready to take a few strides

towards achieving the goal of participating in a Marathon? Get the training and support you need



to prepare for your first 5k race while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. You will work at your own pace and comfort level and will receive health tips, coaching and an individualized training plan. This class is also for intermediate level walkers or runners who can complete a 5k but want to train for greater distances.

NOTE: June 2 & July 28 classes meet in Founders Hall, 153. Meet at the track after the first class session. Wear comfortable walking/running shoes and bring water. 9/1 is a holiday, class will meet Wed. 9/3.

A > Kristi Victorino \$65 Jun 2 - Jul 14 7 sessions

Mon 6:15pm - 7:30pm Founders Hall, 153

B > Kristi Victorino Jul 28 - Sep 8

7 sessions

Mon 6:15pm - 7:30pm Founders Hall, 153

FOR ALL GOLF CLASSES: If you have clubs, bring them, otherwise clubs will be provided at no cost. Material fee (for cost of range balls for the 5 days the class meets) paid to instructor at class.

Golf for the Absolute **Beginner**

Don't know a putter from a driver! Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

John Banks \$55 + \$11 mat. fee* Jul 6 - Aug 3 Sun 10am - 11am **Dryden Golf Course** 5 sessions

*pay \$11 material fee to instructor at class

Beginning Golf for 55+

Always wanted to learn to play golf, but didn't have the time? Come and be with others that now can fit golf into their busy schedules. Learn the basics in this 5-day class. You will learn rules of golf, etiquette, and techniques that will lead to on-course instruction. So what are you waiting for? Get out, mingle and enjoy the outdoors.

NOTE: See not above

John Banks \$55 + \$11 mat. fee* Jul 6 - Aug 3 Sun 11am - 12pm 5 sessions **Dryden Golf Course**

*pay \$11 material fee to instructor at class

Beginning Golf for Women Only

Calling all Ladies! Come and learn about the game of golf in a fun and comfortable environment. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: See note above.

John Banks \$55 + \$11 mat. fee* Jul 6 - Aug 3 Sun 12pm - 1pm 5 sessions **Dryden Golf Course**

*pay \$11 material fee to instructor at class



Yoga for Every Body

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus-size people, and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age, increasing flexibility and building strength.

NOTE: Bring a towel or yoga mat to each class. Must be able to climb 1 flight of stairs.

Debbie Wolski

Jun 10 - Jul 29

Tue 11:30am - 12:45pm

8 sessions

Village Yoga

T'ai Chi for **Every Body**

This ever-popular class continues to offer quality and professional instruction in T'ai Chi. This slow relaxing movement reduces stress by promoting a physical and mental workout. It's about gaining self-awareness and self-discipline. Originally a Chinese Martial Art, T'ai Chi has many aspects. It is a meditative dance like in nature and can also be used as a form of aerobic exercise.

NOTE: Wear comfortable clothing. Ask for class forms or go to www.mjc.edu/commed.

Naser Ataee

\$65

Jun 2 - Jul 21 8 sessions

Mon 5:30pm - 6:30pm

Dania Hall



Beginning Yoga and Pilates Style Stretch

If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

NOTE: Bring a yoga mat or towel to class. Must be able to climb one flight of stairs. Ask for class forms or go to www.mjc.edu/ commed.

Debbie Wolski

Jun 23 - Aug 11 Mon 7:15pm - 8:30pm

8 sessions

Village Yoga



Aqua Zumba!

Why Zumba in the water? Besides just being FUN, there are many benefits to taking an Agua Zumba class. Water resistance increases the calories burned and helps tone your body quicker. Any type of exercising in water creates less stress on sore and sensitive joints. If you are self-conscious in other groupexercise classes, this is the perfect class for you. Most moves are performed underwater, so only you know if you missed a step. The class will be held in the MJC small, heated pool and the instructor is our very own MJC Zumba instructor - Susan Rogers. Susan will have you moving to the music - you'll forget you are actually exercising, just enjoying this new experience.

NOTE: This class is for all levels. Before beginning any new exercise program you should first check with your physician.

A > Susan Rogers

Jun 9 - Jul 9 Mon, Wed

10 sessions 9:45am - 10:45am

MJC Small Pool

B > Susan Rogers \$55

> Jul 14 - Aug 13 Mon, Wed

9:45am - 10:45am 10 sessions

MJC Small Pool



Aquacize It!

Let Rose guide you through water aerobic exercises that will help keep you fit. Exercising in water makes you feel about 90 percent lighter, according to the American Council on Exercise. When you jump or run in the water, your body does not experience the same impact that those moves cause when done on land. This makes it an ideal activity for those with arthritis, back problems, foot or leg injuries, and knee conditions. You can expect to burn between 400 and 500 calories per hour in a water aerobics class (the actual amount will depend on several criteria). By exercising in water you work against 12 times the resistance of air. This helps to develop muscle - which translates to a higher metabolism and healthier body. Of course, another plus, besides being fun, the water helps cover your movements so you don't need to be self-conscious while exercising. This class will be held in the MJC small, heated pool.

NOTE: Before beginning any new exercise program you should first check with your physician. No class July 3.

A >Rose Wilson	\$55
Jun 3 - Jul 8	Tue, Thu
10 sessions	9:45am - 10:45am
	MJC Small Pool
в >Rose Wilson	\$55
в > Rose Wilson Jul 15 - Aug 14	\$55 Tue, Thu
	4



Self-Defense for Women

This class will address common selfdefense scenarios and offer practical methods of protection. Recognizing places and situations in which you are vulnerable, learning the importance of self-awareness, and practicing skills and techniques to defend yourself will be the focus of this 6 week course. A warning: discussions about violence will at times be explicit and straight forward with scenarios such as being attacked in one's home, or with a weapon. Students will practice moderate-level take downs. For those not physically active, or elderly, it is recommended they only observe the take downs. Instructor Brandon Guerra is a 2nd degree black belt in Aikido, and is also an instructor of Shaolin Kung Fu.

NOTE: Wear comfortable clothes.

Brandon Guerra

June 2 - 23 Mon 7pm - 8:45pm 4 sessions John Muir, WC, 265



Daily Parking - \$2.00 (beginning July 1)

Summer Semester - \$15 (as of May 1, 2014)

Motorcycle - \$7.50

MODESTO AREA AQUATIC CLUB



making waves

MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-geared, fitness-oriented workout and stroketechnique feedback.

You will be required to fill out a release of liability form once a year BEFORE you can swim.

Minimum Requirement

100 yards of freestyle with rhythmic breathing

Fees

- Insurance \$50 per calendar year (you can sign up for this at www.usms.org OR come to the MJC Community Education with a check made payable to PMS for \$50).
- 2. Swimming \$38 per month. Tri-annual and Annual payment available with discount

Check out the MAAC website at www.maacswim.org for swim days and times.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.

HEALTH/BEAUTY

Stop Dieting: Start a Lifestyle!

Do you want to know why diets don't work? Come find out and learn tips to manage your weight without deprivation. Drop pounds while you are fully satisfied. No deprivation, no calorie counting, by understanding and learning the right foods to eat, your bioindividuality and lifestyle. This class will change your perspective on weight and weight loss!

NOTE: Learn more about the teacher at www.mjc.edu/commed

Caroline Mitri \$29 + \$4 mat. fee*
Jun 5 Thu 6pm - 8pm
1 session John Muir, WC, 259

*pay \$4 material fee to instructor at class

CPR, AED &

First Aid

for your Community or Workplace

Whether you want to be trained to be ready for an emergency involving family or friends, or to be trained for an emergency within your workplace, this course will provide you with the training needed. CPR, AED, and Basic First Aid combination training is an excellent choice for the community, and is consistent with recommendations of the 2010 National First Aid Science Advisory Board and OSHA's best practices for first aid training programs in the workplace. The CPR/AED/First-Aid Course helps develop knowledge, skills, and the confidence to respond.

NOTE: 2-year certificate will be provided upon successful course completion. Optional workbook available in class for \$8.

Douglas Buchanan \$69

Jun 21 Sat 9am - 1pm 1 session Valley Charter H S,

Lion's Den



Life Balance: An Integrative **Approach to Hormone Balance**

Want to gain knowledge of an Integrative medical approach to hormonal balance? Take this class to understand important hormonal functions, and stages of decline and possible treatment methodologies. Gain a basic understanding of bioidentical hormone replacement therapy as well as appropriate lab testing to assess hormonal levels. With this knowledge, you will have the knowledge base to bring to your own physician to consider appropriate therapies to get through these stages of hormonal decline.

Dr. Lisa Hunt Jul 1 1 session

\$39

Tue 6pm - 8pm John Muir, WC, 259



Daily Parking - \$2.00 (beginning July 1)

Summer Semester - \$15 (as of May 1, 2014)

Motorcycle - \$7.50

HOME/GARDEN

Water Conservation for vour Home Garden

California has the driest summers in the whole country, and that's the Central Valley's

primary growing season! Learn how you can shape your garden to capture rain when it does come, extend the season you



Martin Hildebrandt \$29 + \$5 mat. fee* Thu 5:30pm - 8:30pm Jun 12 Agriculture Bldg, 125 1 session

of low water use plants and their uses

in the landscape will also be covered.

*pay \$5 material fee to instructor at class

Backyard Composting

Sponsored by the City of Modesto and Community Education, this free class is designed to teach you how to put your garden refuse to good use. City residents must live in zip codes areas 95350-95358.

NOTE: Receive a certificate at completion of class for \$5 off purchase of composter through the City of Modesto. Those who are not Modesto residents must pay a fee of \$35.

Martin Hildebrandt

1 session \$35 if Non-Modesto

Resident

May 20 Tue 6:30pm - 8:30pm

John Muir, WC, 155



Landscape Design Workshop

Plan a beautiful and functional outdoor living space with Hank, a well-known landscape designer and contractor in our area. Learn about balance, function and design philosophy. Learn how to choose various plant materials and hardscapes. Actively apply these principles to create a realistic and attractive landscape design which suits both your home and personal tastes. Students are encouraged to bring photos of their yard space. The final session is an individual meeting with the instructor in class to review your individual plan. So whether you are a do-it-yourselfer, or you want to put your ideas down on paper, this class is a must do this spring.

NOTE: Bring a calculator, note book and pencil. Optional to bring Sunset Western Garden Book.

Hank Moore \$39

Jun 4 - Jun 11 Wed 6pm - 9pm 2 sessions Wawona 1, WC

Landscape Design Sprinkler Workshop

Now more than ever it's important to design a sprinkler system that is effective and efficient. Learn how to understand a basic sprinkler system, identify different irrigation equipment and its use. This class will also help you understand sprinkler coverage and pressure problems so you can start conserving water today.

NOTE: Bring a note book and pencil

Hank Moore \$29

Jun 25 Wed 6pm - 9pm 1 session Wawona 1, WC

Furniture Refinishing with Marjorie

Do you have a piece of furniture that you love but it needs to be refinished? Or, do you enjoy looking for unique pieces at yard sales, and want to learn the proper way to refinish and restore them? You will learn the techniques that the experts use to restore or change the finish on wood or metal. Marjorie has owned an antique store and has developed good ways to refinish

NOTE: No class July 3. Student will need to take home their piece each night, on the last night of class student can leave piece in classroom to dry and arrange pick up the following week. Student must be able to carry furniture piece in and out of building. Teacher will not be able to assist with loading and unloading. Please bring to class: saftey classes, old rags, two small tin cans or glass jar. Wear old clothes.

 Marjorie Johnson
 \$99 + \$25 mat. fee*

 Jun 5 - Jul 10
 Thu 7pm - 9pm

 5 sessions
 Bldg 6000, WC, 6002

*pay \$25 material fee to instructor at class

MONEY MATTERS

Making Smart Decisions in the Current Real Estate Market



The housing crises in previous years

caused many individuals to put their decisions to buy, sell or invest on hold. In this

seminar you will gain insight on decisions to own or rent, when to sell, cash flows on investment properties, financial analysis, tax benefits and so on. You will gain confidence to make proper real estate decisions pertaining to your situation.

Jane Yu \$35

May 20 Tue 6pm - 9pm 1 session John Muir, WC, 259



Wills and Trusts: What You **Should Know**

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Ouestions will be answered.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey

Wed 6:30pm - 8:30pm Jun 11 1 session Founders Hall, 174

I'm An Executor or Trustee ... Now What?

Now that you have been named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is an attorney.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey \$39

Jul 16 Wed 6:30pm - 8:30pm Founders Hall, 174 1 session

Planning for Persons with Disabilities

This class addresses how to provide supplemental financial support for a disabled person, and at the same time preserve the disabled person's public benefits both financial and medical support. Questions and Answers.

Bruce Ramsey

Jul 30 1 session

Wed 6:30pm - 8:30pm Founders Hall, 174



How to Run an Efficient Household

Learn tried and tested information on how to keep your household running like a well-oiled machine. From setting up a home office to menu shopping and couponing, you will learn more efficient ways to handle your day-to-day household business matters with ease. A great class if you are self-employed, working, or a stay-at-home parent.

Peggy Gardiner \$39 + \$5 mat. fee* May 19 & 27 Mon. Tue 6pm - 9pm 2 sessions John Muir, WC, 259

*pay \$5 material fee to instructor at class

PERSONAL INTEREST

Drugs in Athletics

This is a course designed for you, the athlete, parent of the athlete, coaches, athletic directors, and teachers. The subject material will include in depth information about analgesics; anti-inflammatory agents; performance enhancing drugs, including epoetin, steroids, and others; as well as recreational use of drugs. You will learn the common uses of each drug and short term and long term effects, including adverse effects. You will also learn about specific case scenarios involving sports celebrities. The instructor is an ex-athlete, basketball, track & field, and baseball, who has a doctorate in pharmacy pharmacology. He has lectured at various venues on the West Coast as well as provided consultation for high school athletes and coaches. Read instructors bio at www.mjc.edu/commed.

 Ron Conte, PharmD
 \$35 + \$15 mat. fee*

 Jul 21
 Mon 5:30pm - 9:30pm

 1 session
 John Muir, WC, 255

*pay \$15 material fee to instructor at class

GED Computer Prep

Are you intimidated by the computer? Do you want a preview of what the GED test looks like on the computer? Then this hands-on class is for you. The instructor will guide you through a single GED subject of your choice on the computer; this class will provide the student with assessment, preparation, improve keyboarding skills and terminology for the GED computer exam. This class combines both traditional lecture and computer instruction. It is recommended to take one of our regular GED Test Preparation classes prior to this computer based class.

NOTE: Because of the many levels that students are at, some students may need to repeat the class or study on their own in order to be ready to take the exam.

 Willie Loeser
 \$79 + \$5 mat. fee*

 Aug 4 - Aug 27
 Mon, Wed 6pm - 8pm

 8 sessions
 John Muir, WC, 152

*pay \$5 material fee to instructor at class



Test Preparation

Welcome to the new GED Test Preparation class. The old 2002 Paper Series GED Test has been converted to a computer-based mode effective January 2014.

- What happens if you didn't finish by December 31, 2013?
 Any scores you had on file under the old 2002 series will be voided.
- What does this mean for you? You will start all over using the new 2014 Series GED on a testing-site computer.
- What should you do? Get familiar with the new computerbased exam.

To ensure our class content is in line with the transition to the computer-based testing, Community Education has redesigned its five subject-matter coursework to align with the Common Core Standards of the new GED exam. Our new 2014 GED Preparation class now uses a workbook, which you will pay for at the same time you register for the class. Sign up early as classes fill quickly.

NOTE: Workbook included. First day of class all students will be given a test to determine which subjects they will need to work on during the class. Because of the many levels that students are at, some students may need to repeat the class or study on their own in order to be ready to take the test.

A > Brenda Smith	\$99 + \$35 mat. fee*
Jun 16 - Jul 21	Mon, Wed 6pm - 9pm
11 sessions	John Muir, WC, 261
в > Willie Loeser	\$99 + \$35 mat. fee*
Jul 8 - Aug 12	Tue, Thu 6pm - 9pm
11 sessions	John Muir, WC, 261
c > Brenda Smith Jul 14 - Aug 18 11 sessions	\$99 + \$35 mat. fee* Mon, Wed 9:30am - 12:30pm John Muir, WC, 261

*pay \$35 material fee with registration fee

Learn to

Are you ready to plan a project and looking for ideas? Whether it is remodeling your home, planning activities for the kids, or storing great recipes you find on the web, Pinterest is a virtual pinboard designed to inspire you. You will learn to create pinboards, search for ideas, and connect to friends and others with common interests. We will meet in a computer lab so we can learn hands-on and discover what makes Pinterest so addictive!

NOTE: Students who wish to create a Pinterest account must have a valid email address, Facebook account OR Twitter account.

Matt Ketchum \$29

Jun 18 Wed 6pm - 9pm 1 session John Muir, WC, 152



There's an App for That!

Learn how to use those apps! Bring your own device to class, including Android smartphones and tablets. You will learn how to setup Wi Fi on your mobile device, use the App Store, Photo and video editing. Find out what data connection is and should it be on or off, Navigation, and Find my Device. Learn several of the most popular apps; like Instagram and Words with Friends that are useful and fun to use.

NOTE: Bring your Android, Smart Phone or tablet to class, along with charger.

Matt Ketchum

Jun 21 Sat 9am - 12:30pm 1 session Valley Charter H.S. 104



All About Android

Google's Android is the number one system on mobile devices. Bring your Android smartphone, tablet, or mobile device to the class and connect to our free and fast Wi-Fi to discover how to customize your device to perform "your way". Setup your email, calendar and contacts. Explore using Google Apps including Gmail, Docs, Chrome, Voice, Google Plus, Hangout, Now, Keep, Drive, and much more.

NOTE: Bring your android smartphone, tablet or mobile device and charger to each class. This class is not for iPhone or iPad

Matt Ketchum \$55

Jul 7 - Jul 9 Mon, Wed 6pm - 9pm 2 sessions John Muir, WC, 260

Researching Your Antiques and Collectables



wondered how antiques and collectables experts determine their results? Learn how to research your art and collectibles the way the experts do! Learn what markings, styles,

Have you ever



and colors help you determine antiques and collectibles. The first week we discuss china, glass and small items. The second week we learn more about furniture and textiles. Please feel free to bring an item or photo of a piece each week to share. Marjorie has owned an antique store and is familiar with researching collectables.

NOTE: Bring a photo or piece each week to share.

Marjorie Johnson \$45

Jun 23 - Jun 30 Mon 6pm - 7:30pm 2 sessions John Muir, WC, 161



Introduction to Writing a Children's Book

In this workshop you will be introduced to the genre of children's books, learn about essential characteristics of children's books, look at published children's books, and get started with writing and revising. You will also learn about children's book publishing with practical information on how. This course has no prerequisites; it's an introduction to the genre and to the business of children's book publishing. You can come with just curiosity, an idea or a manuscript. All levels wel-

Ilse Craane \$35 + \$2 mat. fee* Jun 9 Mon 6pm - 9pm John Muir, WC, 255 1 session

*pay \$2 material fee to instructor at class

Writing and Developing a Children's Book Workshop

A workshop to get you writing and revising your children's book manuscript. Important elements of a successful children's book will be discussed. Students will perform writing and revision exercises and will leave with a set of goals of what to do with your idea or manuscript. For the second class, you will submit your writing to the course instructor and your fellow classmates for peer review. Ilse's Introduction to Writing a Children's Book course can be useful, but is not a prerequisite. You can come with just curiosity, an idea or a manuscript. All levels welcome.

Ilse Craane Jul 7 - Jul 14 2 sessions

\$49 + \$2 mat. fee* Mon 6pm - 9pm John Muir, WC, 255

*pay \$2 material fee to instructor at class

Tips on How to Get Your Children's Book Published

In this workshop, you will get tips and advice on how to get you children's book published. Together we'll work on how to present you manuscript to increase its chances of getting picked up by a publisher. The class will focus on trade publishing but will cover self-publishing and other forms of publishing as well. Ilse's other courses Introduction to Writing a Children's Book and Writing and Developing a Children's Book can be useful, but are not prerequisites. All levels welcome.

\$35 + \$2 mat. fee* **Ilse Craane** Mon 6pm - 9pm Aug 4 1 session John Muir, WC, 255

*pay \$2 material fee to instructor at class

Finding Your Roots Online

That's right, with all of the advances in

technology and s the internet; you can do almost all of your genealogy research completely online. Let Evalyn show you the sites that



many professional genealogists use to do research. Some sites have fees, some are free, but all are available to you if you sign up for them. Records that used to take weeks to get back now are available with a click of the mouse! This hands-on class will get you excited about researching your family history online. You will be surprised at how much information is available right from the start! This class will be held in a computer lab where each student will use a computer.

NOTE: Bring to class as much information that you have on your ancestors - full names, date of birth, birthplace, marriage dates and location, parent's names (or whatever you know).

Evalyn Martinez \$39

Jun 3, 5 & 10 Tue, Thu 1:30pm - 3:30pm 3 sessions John Muir, WC, 152



Motorcycle and Scooter **Training**

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 6 hours classroom and 10 hours oncycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA AB1952 - This new law requires a person under 21 years of age to complete the Motorcycle Safety Foundation's Basic Rider Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M motorcycle driver license is issued.

1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thurs. - 6:00pm - 9:00pm Sat. - 6:00am - 2:30pm Sun. - 6:00am -11:00pm

B Class - Thurs. - 6:00pm - 9:00pm Sat. - 8:00am - 4:30pm Sun. - 11:30pm - 4:30pm

You will attend a total of at least 16 hours of instruction, including both classroom and range time. Times may vary, check the schedule.

2. How much does it cost?

21 years of age or over - \$250

15-1/2 - 20 years old at time of registration - \$150

The State requires this course for anyone under 21 who wants to obtain a M1/M2 permit/license.

3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 2 weeks. You will take the certificate we mail you to the DMV and it will waive the driving portion of the DMV requirements. No guarantee of license. If students don't pass skill levels they will be counseled out and have the opportunity to return for a 2nd try, at no cost.

4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 575-6063.

6. What do I need to bring?

We provide the helmets if you need one if you bring your own it needs to be DOT approved. On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

7. How do I sign up?

If you are 21 or over you can register online at www.mjc4life.org, by phone or in person.

If you are under 21, you must register by phone or in person in order to receive the \$100 "under 21" discount.

NOTE: The additional \$3 registration fee DOES NOT apply to motorcycle registrations.

mjc4life Kids / Teens

ACTIVE ACTIVITIES



Cheer-N-Dance (Ages 7-12)

This high energy class will feature cheers, chants, jumps, dances and a lot of fun! You will even make your own pom poms. Parents will be invited to a small pep rally on the last day.

NOTE: Please wear tennis shoes and comfortable clothing. Bring water and a snack. Material fee for cheer leading bows.

Kashmere Munford\$49 + \$8 mat. fee*Jun 19 - Jul 31Thu 4:30pm - 5:30pm7 sessionsValley Charter H.S.

*pay \$8 material fee to instructor at class

Tumbling Fun

For Ages 7-11 - Kids will have lots of tumbling fun learning beginning tumbling skills as you work on flexibility and strength. Students acquire motor skills, flexibility and balance while learning to listen and follow directions. Kids will learn a tumbling routine to perform for their family and friends for the last session.

NOTE: Have hair pulled up, wear comfortable, stretchy clothes to move in, bring a water bottle. Kids will be barefoot on mats.

 Kashmere Munford
 \$65 + \$2 mat. fee*

 Jun 16 - Jul 16
 Mon, Wed

 10 sessions
 4:30pm - 5:30pm

 John Muir, WC, 265

*pay \$2 material fee to instructor at class

Beginning Golf for Kids (Ages 7-13)

This is a course for students to learn the fundamentals of golf. This includes rules of golf, etiquette, and play (putting, chipping, pitching and full swing) leading to oncourse instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. Material fee

(for cost of range balls for 5-week session) paid to instructor at the first class. Ask for class forms or go to www.mjc.edu/commed.

John Banks\$55 + \$11 mat. fee*Jul 6 - Aug 3Sun 9am - 10am5 sessionsDryden Golf Course

*pay \$11 material fee to instructor at class

Court Sports

(Ages 10-13)

Back by popular demand! Hey kids

come spend some time this summer learning a team game. Court Sports offers a variety of indoor sports and fun! You will participate in basketball, volleyball, dodge ball and several other creative games & activities. Come learn to dribble, dodge, block and serve! Teamwork will be the name of the game, so come make new friends or sign up with a friend and learn new skills! Participants will be grouped

NOTE: Release form required for this class.
Bring water with your name on the bottle.
Wear tennis shoes.

by ages and skill

Lesha Rawe \$65 Jun 9 - Jun 25 Mon, Wed 6 sessions 1pm - 3pm Gymnasium



Track, Field and Fun (Ages 4-6)

This is not your ordinary track-andfield class, geared towards the little ones, it will require parent participation. A great opportunity to learn more about track, create new friendships and have fun at the same time. Learn proper form and technique through drills, and games. The instructor will incorporate fun field games, and age appropriate drills. On the last day we will have our own Mini Track Meet with awards. Meet at the MJC Track finish line. It's all about having fun and being active.

NOTE: Requires parent participation.

Kristi Victorino Jun 3 - Jun 17 3 sessions

\$29 + \$1 mat. fee* Tue 6:30pm - 7:15pm MJC Track and Field

*pay \$1 material fee to instructor at class

Introduction to T-Ball (Ages 3-5)



Players learn the t-ball rules and fundamentals. Skills are taught with a focus on proper mechanics to ensure safe and correct execution. Kids learn how to bat, throw, run the bases and field the

ball. Active parental participation is required and necessary to build selfconfidence, coordination and increased understanding of coach's instructions.

NOTE: Parental participation is required for this age group. Wear closed toe shoes, pants and t-shirt. Uniform is not required. Bring water bottle with your name on it. Bring any t-ball gear (bat, ball, glove, etc.) with your name on it if you are okay sharing. No gear is required to participate.

Kristi Victorino Jul 8 - Jul 29 4 sessions

\$39 + \$1 mat. fee* Tue 6:30pm - 7:15pm MJC Softball Field 1) on West Campus

*pay \$1 material fee to instructor at class

Shaolin Kung Fu for Kids (Ages 6-11)

Being a MJC Kung Fu Kid is more than punches and blocks, spins and kicks, it's also about maturity, responsibility and commitment. Kids will be introduced to basic patterns of movement, strikes and the martial art culture. Instructor Brandon has 20 years of experience in Martial Arts, including Kung Fu, Aikido and Jiu Jitsu. He will share forms and exercises he learned while training in China.

NOTE: Wear t-shirt, sweat pants and comfortable shoes. . NO SHORTS, NO SANDALS. Bring water, maybe a towel.

Brandon Guerra

Jun 25 - Jul 30 6 sessions

Wed 6:15pm - 7:15pm John Muir, WC, 265

Hip Hop Dance for Kids (Ages 8-13)

Learn the hottest dance moves of today from an experienced performer, choreographer, and dance instructor. This class is one that combines fun and upbeat music with age-appropriate hip hop choreography. Hip hop is a style that is sure to enhance students' rhythm, coordination, and musicality. No experience required.

NOTE: Wear comfortable clothes. No flip flops or sandals.

Kashmere Munford \$49

Jun 16 - Jul 28 7 sessions

Mon 5:45 - 6:45pm John Muir, WC, 265

Intro to Softball (Ages 6-9)

These softball drills will teach kids the basics such as hitting, running, throwing, and catching in fun, simple ways that beginners will underand and enjoy! A great am sport.

NOTE: Wear tennis shoes, bring a bottle of water, hat and if you have a favorite glove or bat please make sure to have your name

\$59

Lesha Rawe

Jun 9 - Jun 25

6 sessions

Mon, Wed 4:30pm - 5:30pm

West Campus Softball Field



Note - The camps below are **Skills Camps - non-padded**

Quarterback and Wide Receiver (Ages 8 - 17)

Skill fundamentals will be taught

Sam Young

Jun 5 - Jun 7 3 sessions

\$125

Thu, Fri 6pm - 8pm; Sat 9am - 11am

MJC Football Practice Field

Linebacker and Defensive Back - Hitman (Ages 8-17)

LBER and DB fundamentals - Hitman Camp skills.

\$40

Sam Young

Jun 30 - Jul 1 Mon, Tue 6pm - 8pm

MJC Football Practice Field 2 sessions

Lineman Camp - Defense/ Offense (Ages 8-17)

Defensive and Offensive line fundamentals will be addressed.

Sam Young

Jul 7 - Jul 8

Mon, Tue 6pm - 8pm 2 sessions MJC Football Practice Field

MJC Summer Basketball Camp for Boys and Girls

(Ages 7-14)

For boys and girls entering grades 2 through 8. Camp is conducted by MJC coach

Paul Brogan and his staff and assisted by MJC men's and women's players. The camp is designed to focus on improvement

> drills and games. **NOTE:** Print off a liability form, sign and bring to first day of class. www.mjc4life.org - select "Release of Liability"

through fundamental

on left navigation bar, print off, fill out and sign, and bring to first day of class.

Paul Brogan

Jun 23 - Jun 26

4 sessions

\$100 Mon, Tue, Wed, Thu 11am - 1pm

Gymnasium

Ulue Tide

Competitive Swimming at its Best!

The Blue Tide Aquatics is a USA and summer league swim team. Local and travel swim meets available for all swimmers. Blue Tide swimmers can swim year round.

Focus on stroke mechanics and strong swimming skills.

Level 1: (Ages 5-8) 25 yards Freestyle with a consistent kick

Level 2: (Ages 7-11) 50 Freestyle/25 Backstroke

Level 3: (Ages 9-12) Legal 200 IM

Senior: (Ages 13 & up) Coach placement

See Blue Tide website for more information

http://www.bluetideaquatics.com

Learn to Swim at MJC

Lesson Schedule: www.mjc.edu/commed ◆ Register: www.mjc4life.org

NEW! - Pre-school Level - Ages 3-5 Child must be potty trained - No diapers or pull ups

3 Levels to Choose From for Ages 5-12



Review the levels and select the one that best fits your child. If you are unsure about some of the skills - sign them up for the lower level. We won't be able to move them to another class if the class is full. Your child may need to repeat a level more than one time to move to the next level.

If you register by phone, in person, fax or mail there will be an additional \$3 fee added to your registration.

Register at www.mjc4life.org and save \$3.

Download the entire schedule at www.mjc4life.org

June 2-12 ◆ June 16-26 ◆ July 7-17 ◆ July 21-31 (All classes M-Th)

Tadpole (Pre-School) Ages 3-5

Child will learn the following skills with assistance from coaches

- Blow bubbles for 10 seconds
- 5 bobs with assistance
- Supported float on front/back
- Glide with assistance on front/back
- Safely enter and exit water
- Demonstrate combined front/back stroke using arms/kick movements with support

Pollywog (Levels 1 & 2) **Ages 5-12**

The child must complete all the skills to go to Level 3. If child is 5 yrs old, and can do the Pre-School skills - reqister them for Pollywogs.

Skills Learned in Level 1

- Submerge under water 3 seconds
- Front/back float for 5 seconds
- Front/back glide for 5 seconds
- 5 bobs without assistance
- Combined front/back stroke using kick/arms without support

Skills Learned in Level 2

- Retrieve object from bottom
- 10 bobs Jump from side of pool
- Move from front/back stroke using kick/arm movements for 5 yards
- Combined front/back stroke using kick/arms without support 5 yds

Goldfish (Level 3)

Once your child can perform skills in Levels 1 & 2 without assistance, they are ready to advance to Goldfish. In Goldfish the child will learn correct swim strokes and work on endurance.

Skills Learned in Level 3

- Retrieve an object from bottom
- Tread water for 1 minute
- Swim freestyle (front crawl) 15 yds
- Swim backstroke for 15 vds
- Swim Elem. back stroke 15 yds
- Demonstrate sitting/kneeling dives

Dolphin (Levels 4 & 5)

Skills Learned in Level 4

- Tread water for 2 minutes
- Full 25 yd of freestyle with side breathing
- 15 yds of breast stroke
- 15 yds of butterfly
- Flip turns / open turns
- A standing dive

Skills Learned in Level 5

- 50 yds of freestyle with flip turn
- 50 yds of backstroke with flip turn
- 25 vds of breaststroke
- 25 yds of butterfly
- Competition dive from block



Water Safety for Kids

MJC Community Education is offering a 20-minute water safety video for kids

put out by the American Red Cross. It will be offered every 1/2 hour, one day of each swim lesson session. On that day (see below) you can attend 1/2 hour before or after your lesson time. Men's PE Bldg, 110 is next to the pool. No need to register - just show up each 1/2 hour beginning at 1:00 p.m.

A >\$FREE Jun 5	Thu - every 1/2 hour beginning at 1:00 pm Mens PE Bldg, 110
в>\$FREE Jun 19	Thu - every 1/2 hour beginning at 1:00 pm Mens PE Bldg, 110
c >\$FREE Jul 10	Thu - every 1/2 hour beginning at 1:00 pm Mens PE Bldg, 1100
ס >\$FREE Jun 5	Thu - every 1/2 hour beginning at 1:00 pm Mens PE Bldg, 110

young flyers DIVING for Ages 5-10

This course is especially designed for younger divers. Focus will be on basic jumps, students will start from the side of the pool, learn to bounce on boards and also to add a 1-step approach.

NOTE: Participants must be able to tread

water and swim at least 15 yards.	
A > John Lacey Jun 2 - Jun 12 8 sessions	\$49 Mon, Tue, Wed, Thu 2pm - 3pm MJC Swimming Pool, Diving Area
в > John Lacey Jun 16 - Jun 26 8 sessions	\$49 Mon, Tue, Wed, Thu 2pm - 3pm MJC Swimming Pool, Diving Area
c > John Lacey Jul 21 - Jul 31 8 sessions	\$49 Mon, Tue, Wed, Thu 2pm - 3pm MJC Swimming Pool, Diving Area

VING

Introduction to Springboard Diving (Ages 7-17)

Modesto Springboard Diving is open to students age 7 to 17. On the first day of each session the divers will be evaluated and placed in a level-appropriate class. On the second day the "Beginning Divers" will dive from 9:00 a.m. to 10:30 a.m. - this course will focus on the basics of springboard diving, students will start from the side of the pool, work on their dive approach and then move to the 1 meter board. The "Intermediate Divers" will dive from 10:30 a.m. to 12:00 p.m. - this class is designed primarily for high school divers who have the basics. The course will focus on a six-dive format used for dual meet competition, the 1 meter board is used and students will have an opportunity to move to the 3 meter board.

NOTE: Participants need to be able to swim 25 vards without stopping

23 yarus without's	topping
A > John Lacey Jun 2 - Jun 12 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area
в > John Lacey Jun 16 - Jun 26 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area
c > John Lacey Jul 21 - Jul 31 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area

COOKING FOR KIDS

Summer Cooking Academy for Kids (Ages 11-14)



Spend your summer learning fundamental kitchen skills as you enjoy cooking and create amazing dishes! We will have one theme per day: All-American

Picnic, Brunch Bonanza, Tour of Asia, Mexican Fiesta, and Italian Treats. Each day, students will prepare and enjoy delicious and nutritious meals, with the help of a patient, encouraging instructor. Please inform Community Ed regarding food allergies.

NOTE: Bring apron, cutting board, and chopping knife.

Alison Cruz \$99 + \$60 mat. fee* Jul 21 - Jul 25 Mon, Tue, Wed, Thu, Fri 5 sessions 10am - 12:30pm **Direct Appliance**

*pay \$60 material fee to instructor at class

Kids Beginning Cake Decorating (Ages 8-14)

Kids can explore the basics of cake decorating while discovering their creativity. This beginning class uses 1/2 of a sheet cake board to practice icing fun with basic borders and flowers. At the end of the class kids have an edible masterpiece they can proudly enjoy with family and friends.

NOTE: Kids must bring their supplies on first day of class. Bring to class: 1 - 8 in. Wilton decorating bag with bag coupling, Lily Flower nail kit, #7 flower nail and the following decorating tips: #4, #16, #30, #47, #67, #71, #104, #136, #190, #199 and #2-F. 1 wash cloth, cookie sheet and zip-loc bag. For more details on the supply list please go to www.mjc.edu/commed.

\$55 + \$10 mat. fee* **Patsy Laws** Jun 10 - Jul 1 Tue 5:30pm - 7:30pm 4 sessions Wawona 1

*pay \$10 material fee to instructor at class

Edible Creations (Ages 7-12)

Students will create zany edible art in this food-inspired class. Come prepared to play with your food

and eat delicious snacks. From edible scenes to animal shapes, anything is possible with food! Not only do the snacks taste good but they are healthy too! We will make snacks and meals in a way that even your pickiest eaters will love.

Brooke Atwood \$29 + \$10 mat. fee*

Jun 3 & 5 Tue, Thu

2 sessions 11:15am - 12:15pm Wawona 1

*pay \$10 material fee to instructor at class

Itty Bitty Edible Bites -(Ages 4-6)



Fun projectal younger age range to stimulate that taste buds of little artists. Kids get artistic treat in class. Fun projects designed for the younger age range to stimulate the

to prepare a fun, artistic treat in class. The best of both worlds - food and art. Make snacks and meals in a way that even your pickiest eaters will love. Space is limited so sign up early!

Brooke Atwood \$20 + \$5 mat. fee* Thu 9:30am - 11am Jun 5 1 session Wawona 1

*pay \$5 material fee at class

Chocolate Fun for Kids (Ages 9-13)



Who needs Charile when we have our own Chocolate factory this summer. In this class kids will learn about chocolate and make a variety of yummy chocolate projects to take home.

Lisa Ebina \$20 + \$15 mat. fee* Thu 3:30pm - 5pm Jun 5 1 session Wawona 1

*pay \$15 material fee to instructor at class

GOOD TO KNOW

Leap Ahead: Math (entering 3rd & 4th grade)

Help your child avoid the summer slide! This class is filled with fun ways to continue learning and keep math skills sharp during the summer. Start each day practicing math drills, by playing games, singing songs and learning tricks and tips. Kids will earn incentives as they complete Multiplication facts and word problems. A Popsicle party is scheduled for the last day. Students will work with tables 2-9.

NOTE: Bring notebook, 2 pencils, 1 highlighter.\$5 material fee paid to instructor at first class for prizes.

Lilly Barron Jun 2 - Jun 12 8 sessions

\$75 + \$5 mat. fee* Mon, Tue, Wed, Thu 10am - 11:30am

Wawona 2

*pay \$5 material fee to instructor at class



Leap Ahead: Reading (Entering 3rd & 4th Grade)

Parents help your child build reading skills this summer! Come have fun learning skills needed to

be better readers using fun stories, games and incentives. Class will focus on improving reading fluency, understanding reading comprehension strategies, and skill builder activities. Students will learn the importance of reading and that reading is the foundation for all learning. Lessons based on the state standards. Child should be at a 2.5 reading level or above.

Lilly Barron Jun 2 - Jun 12 8 sessions

\$75 + \$5 mat. fee* Mon, Tue, Wed, Thu 11:45am - 1:15pm Wawona 2

*pay \$5 material fee to instructor at class



Multiplication Fun (entering 3rd, 4th and 5th)

Does your child struggle with the multiplication facts? Help your child become a Multiplication Slayer. Multiplication is one of the basic building blocks for success in math. Kids will learn facts while singing songs, learning tricks, playing games and doing fun art projects. Kids will have an ice cream party celebrating their multiplication success the last day of class! Designed for kids who need help with times tables. If your child has already memorized their facts Leap Ahead Math is recommended. We'll work with tables 2-9 the majority of class, tables 0, 1 and 10's are briefly discussed.

Lilly Barron \$75 + \$5 mat. fee* Jun 2 - Jun 12 Mon, Tue, Wed, Thu 8 sessions 2pm - 3:30pm Wawona 2

*pay \$5 material fee to instructor at class

Exploring Reading Comprehension (entering 1st and 2nd grades)

Have your child learn and practice

reading comprehension strategies this summer. This is an interactive class that nurtures a love of reading through stories and sing-a-longs. Children will explore their creativity with fun crafts all the while, building new vocabulary

and learning how to pick out relevant connecting.

Sara Valentine Jun 3 - Jun 12 6 sessions

\$55 + \$5 mat. fee* Tue, Wed, Thu 1:30pm - 3pm Wawona 1

*pay \$5 material fee to instructor at class



Literature: Wild About Reading (Ages 9-13)

This class will help instill a love of reading in your child. Some children haven't yet caught the joy of reading, while some really enjoy it. NO matter which your child is they will find this class to be fun and enjoyable. Each day the teacher will read aloud, with the children reading along with their own book. Students will not be asked to read aloud in class. Each day there is an interactive activity that goes along with the book, whether it's discussing, drawing, or making a craft based on the book

NOTE: Bring the book No Talking by Andrew Clements, a notebook, 2 pencils, and 1 highlighter to class. The book ISBN # is 9781416909835 and it can be found at Amazon and Barnes & Noble's online.

Sara Valentine Jun 16 - Jun 19 4 sessions

\$49 + \$5 mat. fee* Mon, Tue, Wed, Thu 3:15pm - 5:15pm John Muir, WC, 255

*pay \$5 material fee to instructor at class

Writing Secrets Revealed (Ages 9-13)



Have you ever wondered why you enjoy a book, movie or play? In this

you'll discover the secrets writers use to create the stories you



love. We'll practice identifying and creating stories with fascinating plots, intriguing characters, interesting themes, cool settings and other tricks for improving your writing skills. Stories can be fiction, based on real life and/or illustrated (cartoons, graphic novel, manga). Each student will write one story that will be published in a bound collection and receive two copies, one for yourself and one to give as a gift.

NOTE: Students should bring either a copy or a summary of one of their favorite stories, book, movie or play for inspiration. No class July 3.

Ilse Craane \$69 + \$15 mat. fee* Jun 24 - Jul 15 Tue, Thu 10:30am - 12pm John Muir, WC, 251 6 sessions

*pay \$15 material fee to instructor at class

Have Fun Learning a Language

Fun with Spanish (entering 3rd & 4th grades)

Have fun learning basic Spanish vocabulary and phrases through songs, games, and poetry! Students learn the Spanish names for parts of the body through "Simon Says", verbs through charades, and other vocabulary through bingo. Spanish names of colors and listening skills are developed through "Follow Me" art lessons. Basic phrases and conversation skills are learned through songs and poetry.

NOTE: Bring notebook, 2 pencils, 1 pack of 16 crayons, 1 highlighter. \$8 fee for prizes.

Lilly Barron \$69 + \$8 mat. fee* Jun 2 - Jun 12 Mon, Tue, Wed, Thu 8 sessions 3:45pm - 5:15pm Wawona 2

*pay \$8 material fee to instructor at class



Keyboarding for Kids (Ages 8-11 & 12-17)

Are you up to the challenge? Learning to type will benefit you in school and work. When you go back to school in the fall, be ready for those reports. Save hours of homework time. If you already know how to type, come and improve your speed.

A >Ben Vizcarra	\$69
Jul 7 - Jul 24	Mon, Tue, Wed, Thu
(Ages 8-11)	9am - 10pm
12 sessions	John Muir, WC, 152
A >Ben Vizcarra	\$69
A > Ben Vizcarra Jul 7 - Jul 24	\$69 Mon, Tue, Wed, Thu
	T
Jul 7 - Jul 24	Mon, Tue, Wed, Thu

Babysitting: Your New Career (Ages 14+)

If you want to be the most sought after sitter in your neighborhood. then be sure to take this class. Gain knowledge and get great reviews, which equal referrals, and more

income! As a babysitting professional you will learn to not just watch the

child, but to help and teach. You will learn child safety, discipline methods, children's games and toys and much more. The importance of CPR, basic first aid and fire/chemical safety will also be reviewed. Learn about age-appropriate crafts and how to incorporate them. Become the babysitter the children ask for by name.

NOTE: Bring a snack.

Peggy Gardiner \$49 + \$5 mat. fee* Jun 10 Tue 9am - 1pm 1 session John Muir, WC, 255

*pay \$5 material fee to instructor at class

FUN TO DO

Girls Spa

(Ages 11-14)

Grab a friend for the ultimate Girls Organic Spa Day! We will cover all the essentials for healthy, beautiful skin: How to care for your skin, help prevent acne, breakouts, and sun damage. We will have fun customizing our own Organic Facial Masks, Scrubs and Creamy yummy smelling Body Butters! Then we will try our new products in a relaxing spa setting while learning basic skin care techniques and relaxation exercises.

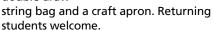
NOTE: Each student will need to bring a pillow, 2 towels, a wash cloth and something to pull hair away from face like clips or hair hand

Andrea Stein \$35 + \$15 mat. fee* lun 18 Wed 10am - 12pm 1 session John Muir, WC, 260

*pay \$15 material fee to instructor at class

Kids Beginning Sewing (Ages 8-12)

Do you want to learn how to sew? Beginning students learn basic sewing skills, including the operation of a sewing machine. You will construct a handkerchief, double draw-



NOTE: All materials supplied by instructor for \$20 material fee.

A > Carrie Carlile-Ward \$69 + \$20 mat, fee* Jun 9 - Jun 12 Mon, Tue, Wed, Thu 4 sessions 3:30pm - 5:30pm John Muir, WC, 259

в >Carrie Carlile-Ward \$69 + \$20 mat. fee* Jul 21 - Jul 24 Mon, Tue, Wed, Thu 4 sessions 3:30pm - 5:30pm John Muir, WC, 259

*pay \$20 material fee to instructor at class



LEGO Mindstorms Robotics Beginning (Ages 9-15)

This fun and educational class will introduce you to the NXT LEGO® programmable robot. This fun and engaging class will allow students to build various robots and learn to program to create various desired

behaviors. Each student will work individually with a Mindstorms kit. Kevin and Lee are local teachers and are involved in LEGO Robotic instruction and competitions throughout the county.

A > Kevin Richardson Jun 16 - Jun 19 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114
в > Lee Ollar Jul 7 - Jul 10 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114
c > Kevin Richardson Jul 14 - Jul 17 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114

LEGO Mindstorms Intermediate (Ages 9-15)

Prerequisite: Taken the prior class or experience working with LEGO NXT robots and the NXT-G programming language. This is a continuation of the Introduction class. Students will develop more complex robots that also use sensors. The course will end with a creative challenge for the newly-gained programming skills.

Jun 23 - Jun 26 4 sessions	Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114
в > Kevin Richardson Jul 21 - Jul 24 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114

VEX Robotics: Beginning (Ages 12-18)

A beginning look at the VEX robotics system with a focus on programming inputs and outputs. What a great way to get into robotics with pre-built squarebots. Students will program the robotic brain with many inputs in order to get the robot through a series of tasks. The class will end with a round-robin maze competition where students will showcase their robotic programming skills. Come and enjoy the introductory robotics class. Chris teaches robotics at Ceres High School.

Christopher	\$129
Vanmeter	Mon, Tue, Wed, Thu, Fri
Jul 7 - Jul 11	9am - 12pm
5 sessions	Ceres High School, 54

VEX Robotics: Intermediate/ Advanced (Ages 12-18)

The next step in VEX Robotics; students build their own robot and program it to accomplish a variety of tasks. Students explore

the robotics design process and redesign their robot to overcome many different problems. This next step

builds upon their programming skills from the basic class. The class will end in a round robin robot versus robot competition that will showcase both their programming skills and their building techniques. Students must already know basic VEX Programming prior to entering this class.

Christopher	\$129
Vanmeter	Mon, Tue, Wed, Thu, Fri
Jul 14 - Jul 18	9am - 12pm
5 sessions	Ceres High School, 54

Junior Lapidary: **Rock it Out** (Ages 9-14)



Become a Junior Rockhound!

Kids will have



fun exploring earth science by learning more about rocks and minerals. Come be a part of this on-going club of lapidary exploration and discover local stones, the state stone - serpentine, agate, fossil stones, jasper, dinosaur bones and more. Students will learn polishing, grinding and trim techniques to complete 5 unique stones to be set in various mountings. These are sure to make great gifts. All project material will be donated by the Mother Lode Mineral Society.

NOTE: Sign up early, this club has limited seating. Bring a pair of kid's safety glasses and a craft apron to every class. Release of Liability form required - ask for one or download from our MJC Community Education website.

\$69 Jean Hayes

Jun 3 - Jun 17 3 sessions

Tue 1:15pm - 4:15pm Bldg 6000, WC, 6003



Cool Duct Tape Fun (Ages 8-13)

Have fun this summer learning how to create fun and functional items out of Duct Tape such as flowers, hair accessories, bows, and more. Go back to school with cool, one-of-a-kind creations. There are endless possibilities when you use your imagination and the wonder of Duct Tape. Kids will make 2-3 items depending on time.

Erica Hill \$20 + \$5 mat. fee* Thu 3:45pm - 5:45pm lun 19 1 session John Muir, WC, 261

*pay \$5 material fee to instructor at class

Kids Beginning

(Ages 8-13)

This class is where you get started on a lifetime of knitting fun! Learn all the basics, such as casting on, the knit stitch, and binding off in a kid-friendly, hands-on setting.

Carrie Carlile-Ward Jun 16 - Jul 7 4 sessions

\$39 + \$15 mat. fee* Mon 4:30pm - 5:30pm John Muir, WC, 264

*pay \$15 material fee to instructor at class

Adventures in Painting for **Kids (Ages 8-14)**

Explore the wonderful world of painting with our very own MJC Art Instructor Linda Salmon. Discover the fun ways to add paint to your canvas without using a brush, as well as traditional painting methods. Learn how to choose your palette and mix colors. You will create a masterpiece to display. Family will be invited to your art show on the last day of class. All levels welcome.

NOTE: No class July 3

Linda Salmon Jun 26 - Aug 7 6 sessions

\$69 + \$10 mat. fee* Thu 4pm - 5:30pm Art Building, 102

*pay \$10 material fee to instructor at class

Create with Clay (Ages

8-12)

Come play in the clay with us! Prepare to get your



hands dirty! We will learn how to build a pinch pot, coil pot, roll a slab piece of pottery to texturize, & decorate a personalized clay tile. The final day we can paint our creations with acrylic paint.

NOTE: Bring an apron or old men's button down shirt to wear over your clothes

Marianne Blazzard Jul 9 - Jul 23 3 sessions

\$69 + \$10 mat. fee* Wed 3:30pm - 5pm John Muir, WC, 260

*pay \$10 material fee to instructor at class

Jewelry Making for **Kids (Ages 9-15)**

You will learn real jewelry making techniques such as wire work, beading, crimping and more. Kids will learn jewelry design as they make a memory wire bracelet, ring, earrings and more in a fun, engaging age-appropriate way! No experience necessary.

NOTE: Wear play clothes, bring safety glasses.

Jean Hayes \$59 + \$15 mat. fee* Jul 1 - Jul 15 Tue 1:15pm - 4:15pm Bldg 6000, WC, 6003 3 sessions

*pay \$15 material fee to instructor at class



Sketch, Doodle or Draw (Ages 8-14)



Do you like to doodle? Why not learn some skills in drawing techniques this summer, while expressing yourself through class projects using lines and shapes. You will explore how to examine objects in nature and draw through careful observation. Lots of projects, lots of fun! All skill levels welcome.

Linda Salmon \$69 + \$10 mat. fee* Jun 24 - Jul 29 Tue 4pm - 5:30pm 6 sessions Art Building, 102

*pay \$10 material fee to instructor at class



Pee-Wee Picasso (Ages 4-6)

Come get messy with art and take home a masterpiece. Kids will have fun exploring the art masters, such as Van Gough, Monet, Pollock, and Picasso as they paint using different styles and techniques. Class size is limited so register early.

NOTE: Wear clothes that can get paint on them. Parents are required to participate.

Elyse Rowan \$25 + \$10 mat. fee* Jun 30 - Jul 2 Mon, Wed 10am - 11am 2 sessions Wawona 1

*pay \$10 material fee to instructor at class



Create Your Own Video Games (Ages 10-15)

Want to make your own video games? This class will show you where to start! Using Scratch, we'll create interactive stories, games, music, and art projects using blocks that snap together on the screen. Students will think creatively, develop problem solving skills, and build on concepts they've learned in math class. Students should be comfortable using a computer and familiar with 5th grade math.

NOTE: 2 gig flash drive included in price

A > Edward Walsh \$69 Jun 3, 5, 10, 12 Tue, Thu 4:30pm - 6pm 4 sessions John Muir, WC, 251

B >Edward Walsh Jun 16, 17, 18, 19 Mon, Tue, Wed, Thu 4 sessions 4:30pm - 6pm John Muir, WC, 251

Create Your Own Video Games - Intermediate (Ages 10-15)

This is a continuation of the first Scratch class. We will learn how to create cool background scenes, how to search the web for avatars & sound effects, how to convert a music video into a music loop, how to make a sprite avatar jump up and fall to the ground, and how to create explosions.

NOTE: 2 gig flash drive included in price.

Edward Walsh Jul 7. 8. 9. 10 4 sessions

\$69 Mon, Tue, Wed, Thu 4:30pm - 6pm John Muir, WC, 251



Movie Marquee Project (Ages 13-17)

Build your very own marquee! Have your surname, tag phrase or name in lights literally. Debbi will show you how to make this unique project that can serve as a party, home or child's room décor - once you make one you'll want to make more.

NOTE: Wear clothing appropriate for painting. Material fee covers all materials and supplies to make at least one large marquee letter.

 Debra Greenlee
 \$29+ \$25 mat. fee*

 Jul 9
 Wed 1:30pm - 4:30pm

 1 session
 Bldg 6000, WC, 6002

*pay \$25 material fee to instructor at class



Art Attack - (Ages 6-11)

Explore, create and imagine the fun of ART! Learn a variety of ways to create art. Ranging from decoupage to candy art, and discover the beauty of recycled art! This three-day art camp will have you making bottle cap magnets, sand treasures, candy centerpieces and more! Perfect class for kids who love to create!

NOTE: Wear play clothe

 Brooke Atwood
 \$49 + \$15 mat. fee*

 Jun 23, 25 & 26
 Mon, Wed, Thu

 3 sessions
 3pm - 4:30pm

 Bldg 6000, WC, 6002

*pay \$15 material fee to instructor at class

Seusstastic Summer! (Ages 6-8)

A summer time favorite for kids: Art and literature come together in this fun filled class based on the books from the beloved author Dr. Seuss. Creativity and imagination will be encouraged while students enjoy a variety of books and create

Elyse Rowan
Jul 21 - Jul 23
2 sessions

\$25 + \$10 mat. fee*
Mon, Wed 1pm - 2:30pm
Wawona 1

unique art projects based on books.

*pay \$10 material fee to instructor at class

Rock Painting for Kids (Ages 7-11)

Learn to paint ladybugs, frogs, flowers, pirates, zebras, the sun, the moon and more on rocks! Rocks make a great canvas for painting. You'll use river rocks and acrylic paint to transform



rocks into decorative items. Tips, techniques and ideas will be presented in class. Students will paint 3 to 5 rocks.

NOTE: Wear play clothes

 Erica Hill
 \$20 + \$5 mat. fee*

 Jul 2
 Wed 3:30pm - 5:30pm

 1 session
 Wawona 1

*pay \$5 material fee to instructor at class

Summer Sprouts (Ages 6-8)

Students will keep a journal as they explore the beauty of science in the growth cycle of plant life as they discover soil, seeds, bulbs, and planting spring/summer vegetables (or flowers) into a creative plant container that they will decorate and take home.

NOTE: Wear play clothes that can get dirty. Parents encouraged to stay. Material fee for journal, planting and container

Fun Loops (Ages 7-13)





Loop de loop



patterns to create unique bracelets, necklaces, even simple rings. We will work without a loom so kids can continue to enjoy creating at home. Kids will get to select which fun treasure to make and take home. If time permits they can also choose a complex wide bracelet or complex ring. All levels welcome!

Brooke Atwood \$20 + \$10 mat. fee* Jun 12 Thu 3:30pm - 5:30pm 1 session Wawona 1

*pay \$10 material fee to instructor at class

Beginning Photography for Kids (Ages 11-14)



Discover the cool things you can do with your camera this summer. Take selfies to the next level

and start taking pictures of family, friends, and your surroundings. Kids will have a variety of assignments to become familiar with their camera and learn basic editing techniques using Photoshop. At the end of this course, students will have a basic knowledge using their cameras in automatic and manual modes, as well as a short introduction to Photoshop. Kids will take home a photo book with their best photographs taken during the course. Kids will need to provide their own camera (any digital camera with a manual controls would be great point and shoots, as well as DSLR) and have basic knowledge of operating a computer.

NOTE: Bring your camera, operating manual, clear SD card, a memory stick. Material fee is for a photobook.

\$75 + \$10 mat. fee* Alfonso Alarcon Jun 18 - Jul 9 Wed 10:30am - 12:30pm 4 sessions John Muir, WC, 251

*pay \$10 material fee to instructor at class

Kids Weekly News (Ages 11-14)



Attention all future journalists and photo-

journalists! Be a part of the Kids Weekly New Cast this summer! Use your skills or learn new ones as you



divide up your news team to take photos of classes and lunchtime activities on campus; interview fellow campers and instructors. You'll write your own news, headlines, feature stories, even movie reviews. You'll put it all together online on the Community Education Facebook page. Be in the KNOW all summer long! Sign up today space is limited.

Elizabeth Graham \$79 + \$10 mat. fee* Jun 11 - Jul 16 Wed 1pm - 3pm John Muir, WC, 251 6 sessions

*pay \$10 material fee to instructor at class

Kids Chess Camp (Ages 8-12)

Let's play chess and conquer the king! Everyone is invited, beginners to advanced players - even if you don't know your Bishop from your Pawn,



this class is for you! You will learn basic piece movement, checkmate strategies and standard opening ideas. Let the games begin!

NOTE: Chess set provided for use in class.

Barry Courtney Jul 21 - Jul 24 4 sessions

Mon, Tue, Wed, Thu 9:30am - 11am Wawona 1

Mask Making (Ages 8-13)



Learn about the tradition of mask making in Venice. Students will explore

and make their own decorative masks to wear or to hang for display, using plaster gauze, paints and various embellish-



ments. Kids will go step-by-step and by the end of the second session students will be taking home their projects. Once you learn how, you can make more at home to decorate your bedroom, give as gifts, or as an activity at your next birthday party.

Diana Isho \$25 + \$6 mat. fee* Jun 2 - Jun 3 Mon, Tue 10am - 11:30am 2 sessions John Muir, WC, 259

*pay \$6 material fee to instructor at class



Music Discovery (Ages 8 - 11)

What happens when you put a group of kids, together with drums from Africa and Latin America, shakers, bells, wood blocks, xylophones, and other musical instruments from around the world? Joy and creativity, and most of all, fun! Come explore the world of rhythm, sound and movement in a beginner-friendly class for kids ready to experience exciting new ways of creating music. Using musical games, simple-to-play grooves, and improvisation techniques, we will discover how easy it is to be a creative master of musical expression, all while playing and laughing together with others! Suitable for complete beginners or more experienced musicians. No musical background is necessary.

Chris Condon \$49 + \$12 mat. fee* Jun 11- Jul 16 Wed 5:30pm - 6:30pm 6 sessions Dania Hall

*pay \$12 material fee to instructor at class

YOUTH MUSIC

Kids D'jembe Drumming (Ages 8-14)

Kids come discover the popular D'jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promotes hand and eye coordination. No prior experience necessary

all levels welcome. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina Jun 2, 9, 23 & 30

4 sessions

Mon 4:45pm - 5:45pm Valley Charter H.S. Lion's Den



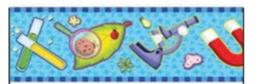
Beginning Piano for Kids (Ages 7-11)

Learn the piano the fun way! These lessons will teach you note-reading. You will be playing real songs. Recital at the end of each class. Limited class size. Great experience!

NOTE: If you have already taken this class and still have the book, call the office at 575-6063 to register without paying for the book. No exceptions to age group please. Bring a set of headphones to each class with large adapter, (full set headphones, not earbud style).

debee loyd \$79 + \$10 mat. fee* Jul 10 - Aug 14 Thu 4pm - 6pm 6 sessions Music Building, 109

*pay \$10 material fee with registration fee



Great Valley Museum



Summer Science Classes 2014

July 1 — Aug. 8

2 day series

Tues. - Wed./ Ages 4-7

Thurs. - Fri./ Ages 8-12

10 - 11:30 AM

\$40 member \$45 nonmember

Science Community Center West Campus **Modesto Junior College**

Call the Museum for further information and registration

575-6196

For schedule and class titles visit our website:

www.mjc.edu/instruction/sme/ gvm/events.php





Come to **MJC's 2014 Camps** (pages 39-44)

Discover NEW Camp Themes

> Meet **NEW Friends**

Get a **NEW Camp Shirt**



Half-Day Summer **Camps**



Camps with the younger age group in mind. Geared for those who may not be ready for a full-day camp, but still want to have a great camp experience

Science Sprouts Ages 5-6

June 9, 10, 11, 12 - M-TH 9:00 a.m.-12:30 p.m.

Little campers will discover science all around them through hands-on activities. We'll get a little messy as we explore simple chemistry, investigate nature, and discover the solar system.

Fee: \$89 + \$30 material fee

\$30 material fee paid at time of registration - includes camp shirt Wawona 1, WC, 2201 Blue Gum Ave

See map page 65

Fill out the Half-day **Camper Packet** www.mjc4life.org

Small class size. Seats are limited! Register Early!



Little Explorers Ages 5-6

July 28, 29, 30, 31 - M-TH 9:00 a.m.-12:30 p.m.

Ready to have some exciting outdoor and indoor adventures? Want to pitch a tent, play games and make friends? Let's pretend we are camping in the middle of a forest!!! We'll go for nature hikes, scavenger hunts, make camp food, build crafts, explore the great outdoors and have fun with scouting skills.

Fee: \$89 + \$30 material fee

\$30 material fee paid at time of registration - includes camp shirt

Wawona 1, WC, 2201 Blue Gum Ave

See map page 65



S'mare Campfire Fun

June 16-20 - Ages 6-12



Kids are you ready to have some super soaker fun? Kick off your summer with exciting outdoor and indoor adventures! Join our camp circle where daily challenges lead to creative competition between the squads of campers. Kids will learn knotting and lashing skills, create a squadron flag, participate in team building expeditions, create yummy original recipes, build crafts, and learn scouting skills all in the spirit of camp unity.

Camp Fee: \$199 Material fee - \$48

Sci Fy Why Science Camp

June 23-27 - Ages 6-12

Kids do you want to learn how stuff works? Get ready to launch out of this atmosphere as Kid Astro, and explore new space terrain. Go on science digs and make your own rock collection. Campers will work together to create their planet using cool experiments using UV light, plant life cycle, chemical reaction, and noggin power. What do aliens eat? Find out when you create space food in the chemistry

"skylab". A camp where Science fiction meets Science fun!



Camp Fee: \$199

www.facebook.com/mjccommed Like us on Facebook between May 19-29 to receive \$20 off! (For Full-Day Camps Only)

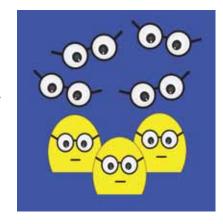
Material fee - \$55



DESPICABLE ME III*

July 7-11 - Ages 6-13

Who said Minions can't act? Are you ready to get your "Gru On?" Join the minions and become a character in the Despicable Me world as we create our own script, props and costumes for this year's MJC performance camp. This fun filled week of singing, dancing, acting and creating will end with a Spectacular performance by this anti-villain league for parents on the last day of camp!

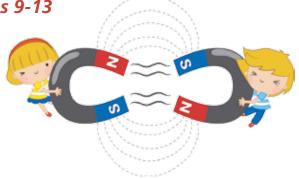


Material fee - \$48 Camp Fee: \$199

Fun with Physics

July 14-18 - Ages 9-13

If you love science this class will keep you learning the entire week. Each day will have a new concept that will be taught through fun activities:



Need for Speed - learn about velocity and vectors with competition race tracks, RC cars, Hotwheels, and more!

Flying for Fun - learn about Bernoulli's Principle and discover why things fly - you will build rockets, gliders, and cool kites.

Smash Lab - discover what Force, Pressure and Motion have in common.

Shock Lab will study electricity, static electricity and magnetism.

Friday Fun Fair will have paper and bottle rocket lab, rocket competitions, RC display and parent display.

Camp Fee: \$199 Material fee - \$65



Camp Information

What is MJC Camps for Kids?

MJC Camps for Kids at MJC Community Education provides a safe and fun activity for summer fun. Children MUST be at least 6 years old AND have completed kindergarten. Our camps are designed to stimulate curiosity, reinforce basic skills, and help kids discover new subjects, but most of all, a place to have a fun summer! Camps are full days, starting at 9:00 a.m. and ending at 4:00 p.m

Camp Schedule

No matter which camp you sign your child up for, they will have a variety of activities each day. They will attend different classes in the morning and in the afternoon. Once they have eaten lunch there will be organized activities for them to participate in during their supervised lunch break.

Cost for Camp

The cost of each week-long camp (Monday-Friday), 9:00 a.m.-4:00 p.m., is \$199 per camp week. Each camp will have a material fee determined by activities and projects. Each camper will receive a camp t-shirt.

What should my child bring to camp?

Each child should bring a morning and afternoon snack, a brown-bag lunch (that does not need to be refrigerated) and water for your child - Please put your child's name on his/her lunch and anything else they bring.

Where will the camps be held?

Camps will be held on our MJC West Campus at 2201 Blue Gum Avenue. It will be held at Wawona Child Development Center - see map on page 65.

Food Allergies?

Please be sure to note any allergies on the Medical Consent Form AND let the camp coordinator know. Some camps will prepare and eat food - so this is important.

Does my child need to be signed in and out?

Yes, when your child arrives at the camp (please do not arrive any earlier than 8:45) your child will be checked in and directed by the counselors to their first class. The camp counselors will be there to help ensure they have a fun experience. When you pick up your child sign them out at their last class. You will check them out with their teacher.

Refund Policy

Refunds will be granted anytime 30 days BEFORE the start date of each camp (minus \$20 fee). Because of supplies/shirts that must be ordered, we cannot give refunds after 30 days of the camp start date.. Please plan accordingly.

Policy on Behavior

All campers are expected to conduct themselves in a manner that demonstrates courtesy and respect for others and the facilities. Disruptive students will be issued a behavior form and parents will be contacted to pick them up. If disruptive behavior continues, the child will be dismissed from the program with no refund. Please print your Camper's Packet at www.mjc4life.org. The Student Conduct Form will be in your Campers Packet and will need to be signed by you and your child(ren) before they can begin camp. Please review this behavior policy with your child.

May I attend class with my child?

No, sorry. We ask that you do not go into the classroom while camp is in session so the instructor and students are not disrupted. Many of the camps have either projects to take home or presentations that will be given on the last day of camp, which you will be invited to attend. All of our instructors and counselors are fingerprinted in order to help assure the safety of your child. We do not allow unchecked adults in the classroom with the campers.

Camps will be held on the West Campus on Blue Gum Avenue. The camps will be held at the kid-friendly Wawona Center. .



Camp Information

When can I register?

Registration is available at anytime.

Can I make payments?

YES! Many take advanage of our Flexible Payment Plan. You will make a non-refundable, first payment with a minimum of \$80 per camp to reserve your child a spot in the camp(s) of your choice. You can make this payment at any time through our office. After the first payment, you can make additional payments through our office at any time. The balance must be paid 2 weeks prior to the camp start date. We must have 30 days notice before the camp start date to receive a refund (minus \$20 refund fee).

What are the dates of camp?

S'more Campfire Fun - June 16-20 - material fee \$48 Sci Fy Why Science Camp - June 23-27 - material fee \$55 Despicable me III - July 7-11 - material fee \$48 Fun with Physics - July 14-18 - material fee \$65 NOTE: Material fee includes camp t-shirt

How old does my child need to be?

Children must be at least 6 years old AND have completed kindergarten. This year some of the camps will not be for the very young campers. See age requirements next to each camp title. There are also half-day camps for ages 5-6, and stand-alone classes offered for ages 5+ through our regular Summer classes.

How much does it cost?

The cost for each camp is \$199, plus a material fee. The material fee includes five days of projects, activities and the camp t-shirt.

How can I register?

There are several ways to register (\$3 registration fee waived):

Online at www.mjc4life.org - be sure to create the student profile for your child, not you.

Mail in the Camp Registration Form on page 40 to: MJC Community Education, 435 College Avenue, Modesto, CA 95350

In Person - Come to our office and register in person - We are on the East Campus, at 435 College Avenue, Morris Building, Room 204 (open M-F, 8 a.m.-5:00 p.m.)

Will I be sent a confirmation?

If you register online and have entered an email address, you will receive an automatic confirmation. Register in person and you will receive the confirmation. If you register by the phone, ask for a confirmation.



Registration Form

Child's Name	•
Birthdate Email	
Address	
City	
Day Phone	Alt. Phone
Parent/Guardian	
1. Select Camp(s) you want to	sign up for:
S'more Campfire Fun June 16-20 (\$48 material fee) Ages 6-12	Despicable Me III [®] July 7-11 (\$48 material fee) Ages 6-13
SciFy Why Science Camp June 23-27 (\$55 material fee) Ages 6-12	☐ Fun with Physics July 14-18 (\$65 material fee) Ages 9-13
2. Don't forget to let us know t	he t-shirt size
☐ S (6-8) ☐ M (10-12)	☐ L (14-16) ☐ XL (18-20)
3. Determine fees to be paid	
Number of camps X \$19	9 = \$ 9
Material fee per camps (see above) registered for = \$
Total Fees Due	
Today's payment (at least \$80 per camp - non-ref	fundable) \$
Total Fees due 2 weeks prior to ca	mp start date \$
4. Make Payment	
Check (Make checks payable to MJC)	Check Number
Credit Card #	
Person's name on cardSignature of Card Holder	
Mail to: MJC Community Education, 43	
In Person: 435 College Avenue, Modest	•
Phone : 209 575-6063 Fax: 575-6025	<u> </u>
Online: www.mjc4life.org	
Payment Plan- Call our office at 575-60	63 to take advantage of this plan
5. Print out 2014 Camper Packet	et from www.mjc4life.org
6. Fill out, sign, and bring cam (Available at www.mjc4life.org	• • • • • • • • •



Kids Birthday Party Class Ages 4-12

Make Your Next Kids Birthday Party Stress Free!

How Does It Work?

Our Party Specialist will take the stress out of the planning and having a birthday party for your child. All you need to do is decide on a date (need 2 weeks notice), choose a theme, and let her know how many children (and their ages) will be attending. She will do the rest!

How Do I Get the Party Planned?

Contact the Community Education office. They will have our Party Specialist call you.

What are the Themes to Choose From?

Sweet Shoppe

Superhero

Pirate

Princess

Dinosaur

How Many Children Can Attend?

The base package includes 7 children plus the birthday boy or girl (8 children total). Additional children can be added for \$5 each (maximum 12 children). Younger siblings of the birthday child are included in the total number of children. Age range 4-12.

What About Adults?

We ask that at least 1 adult stay throughout the entire party time. Up to 15 adults are welcome to stay. If you want to have refreshments for the adults - you may bring those to the party.

The Community Education party specialist will organize and facilitate the party - but the parent is ultimately responsible for the supervision and safety of their guests.

What is Included in the Base Party Fee?

- 2 hours of party-time
- Cupcake decorating
- Gift opening time
- Decorations
- Games-age-appropriate, themed, party games
- Crafts age appropriate
- Set up and Clean up

How Much Does It Cost?

The base price is \$249 and includes classroom facilitator, decorations, table settings, games and a take-home craft, for 8, set up and cleanup.

An additional \$5 fee for each child after the maximum number of 8.

Custom party gifts are available for an additional fee. Check with the Party Specialist.

During Summer
Parties are only Mon.-Thurs.
<u>Extra c</u>harge for Saturdays

Party Specialist - Claire Igoe Call 575-6063

m_Ic4life

Business

COMPUTERS



Computer for 55+ -**Beginning**

This hands-on class will move at a slower pace than our other beginning computer classes. You will learn parts of a computer, basic

computer terms, use of the mouse and desktop personalization. You will learn how to create files and folders using word processing and more. By the end of the class, you should be able to create, save and retrieve documents, and how to move around the computer with confidence.

NOTE: No books. Handouts included in fee.

Dianne Cole

Jun 9 - Jun 12

4 sessions

\$105 Mon, Tue, Wed, Thu 9am - 12pm John Muir, WC, 152

Computer for 55+ -Intermediate

If you have a basic understanding of computers, this class will take you to the next level! We'll cover formatting fonts and inserting pictures in word processing applications, copying and pasting to create a flyer. We also will follow a step by step tutorial of the internet and email, multi-tasking and transferring information from different programs.

NOTE: Prerequisite: basic knowledge of Windows based computers. No book used for this class.

Dianne Cole \$105

Jun 16 - Jun 19 4 sessions

Mon, Tue, Wed, Thu 9am - 12pm John Muir, WC, 152



Computers for Absolute Beginners

This hands-on class will introduce new computer users to the personal computer and its uses. Your instructor will quickly put you at ease and you will soon feel comfortable using a computer. This class is taught on Windows-based computers. You will learn the use of the mouse and how to use a Windows-based word processing program. By the end of the course you should feel comfortable creating, saving and retrieving documents.

NOTE: No previous computer experience is necessary. \$20 book fee will be charged at time of registration.

Matthew Ketchum

\$79 + \$20 mat. fee*

Apr 29 - May 8 Tue, Thu 4 sessions

6:30pm - 8:30pm John Muir WC, 251

*pay \$20 material fee with registration

Beginning Computers - The Next Step

Now that you can turn your computer on and use a few programs you may ask "What's Next?" The answers can be found in this simple Next Step course. You will learn more about Microsoft Office applications and Windows. Pre-requisite: basic ability to use a computer and/or the Computers for the Absolute Beginner class.

NOTE: Prerequisite: Basic knowledge of computers. No books used for this class.

Matthew Ketchum May 13 - May 22

\$79 Tue, Thu

4 sessions 6:30pm - 8:30pm

John Muir WC, 251

Excel 2010 Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

NOTE: Prerequisite: Must be able to use Microsoft Windows.

 Ed Perillo
 \$110 + \$20 mat. fee*

 Jul 14 - Jul 23
 Mon, Wed 6pm - 9pm

 4 sessions
 John Muir WC, 152

*pay \$20 material fee with registration

There's an App for That!

Learn how to use those apps! Bring your own device to class, including Android smartphones and tablets. You will learn how to setup Wi Fi on your mobile device, use the App Store, Photo and video editing. Find out what data connection is and should it be on or off, Navigation, and Find my Device. Learn several of the most popular apps; like Instagram and Words with Friends that are useful and fun to use.

NOTE: Bring your Android, Smart Phone or tablet to class, along with charger.

Matt Ketchum\$45Jun 21Sat 9am - 12:30pm1 sessionValley Charter H. S., 104

All About Android

Google's Android is the number one system on mobile devices. Bring your Android smartphone, tablet, or mobile device to the class and connect to our free and fast Wi-Fi to discover how to customize your device to perform 'your way'. Setup your email, calendar and contacts. Explore using Google Apps including Gmail, Docs, Chrome, Voice, Google Plus, Hangout, Now, Keep, Drive, and much more.

NOTE: Bring your android smartphone, tablet or mobile device and charger to each class. This class is not for iPhone or iPad users.

Matt Ketchum \$55

Jul 7 - Jul 9 Mon, Wed 6pm - 9pm 2 sessions John Muir, WC, 260,

Instructor Led ONLINE COURSES





Most Courses

Learn More!

- \$95
- Expert Instructors
- 24-Hour Access
- Online discussion Areas
- 6 Weeks of Instruction
- Course Sessions Begin Monthly

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. All courses run for six weeks (with a IO-day grace period at the end). Courses are projectoriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course from your home or office, at any time.

To see online classes available:

- Go to www.mjc4life.org
- Select "COURSES" on left side bar.
- Locate Online Category and select the sub-category of your interest.

Information: 209 575-6063

CAREERS



SMOG 2013 BAR Update Class

This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licenses Smog Check Technicians whose license expires during 2013 to complete the Year Update Training Course prior to renewing licenses.

NOTE: Price includes textbook. ABSOLUTELY NO walk-in registrations. Please pre-register by calling 575-6063.

A >Ruben Parra	\$250
Jun 7 & 8	Sat, Sun 8am - 6pm
2 sessions	Tenaya Auto
	Complex, WC
в >Ruben Parra	\$250
Aug 2 & 3	Sat, Sun 8am - 6pm
Aug 2 & 3 2 sessions	Sat, Sun 8am - 6pm Tenaya Auto



Daily Parking - \$2.00 (beginning July 1)

Summer Semester - \$15 (as of May 1, 2014)

Motorcycle - \$7.50



Make Extra Income: Auto Wholesale Business

Find out how to make some extra money buying and selling wholesale cars as a home-based business or, simply buy cars, motorcycles, boats at great wholesale prices. This 6-hour approved DMV class is the first step to acquire your dealer's license. Lean how to get your auto dealers license and how to operate a profitable used car business. You can earn a substantial amount of income just by selling a few cars a month. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a free list of all the dealer-only auctions in the United States. Students will receive a DMV certificate of completion at the end of class.

Ronald Williams \$85 + \$20 mat. fee* May 19 - May 20 Mon, Tue 6pm - 9pm Sierra Hall, WC, 128 2 sessions

*pay \$20 material fee to instructor at class

Introduction to Voiceovers

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audio book, commercial or cartoon character and think, "I could do that"? This fun and empowering 2-hour introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded so that you can receive a professional voiceover evaluation later. After class you will have the knowledge necessary to help you decide if this is something you'd like to pursue. Taught by a professional voice actor from the Voice Acting Training Co. Voices For All.

Voices For All \$39

May 28 Wed 6pm - 8pm 1 session John Muir, WC, 259

Online Paralegal Course

Become a Paralegal

Assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law and assist in preparing cases for courtroom litigation. There are no prerequisites for this course, but there is a significant amount of homework and is a college-level course. Courses are offered through Center for Legal Studies.

Online Classes

Basic Core Course

The Core Paralegal Certificate Course is completed in two consecutive seven-week sessions. You can select any session to start your course in:

> May 5 - June 20, 2014 June 30 - August 15, 2014 August 25 - October 10, 2014

Advanced Paralegal Course

This course is offered entirely online. You choose 6 topics from a list of 16 topics. You can take up to 3 topics each 7 week session (see session dates above).

How Much Does it Cost?

Paralegal Core Course

\$1,189 + approx. \$500 for books

Paralegal Advanced Course

\$1,650 + books (cost of books depends on the topics you select)

The Paralegal Certificate Course (Basic) and Advanced Paralegal Course satisfies the Certificate of Completion requirement of the California Business and Professions Code, Section 6450-6456.

> Call 575-6063 for information

Logistics & Warehousing MSSC



Earn the nationally recognized MSSC Certified Logistics Associate or Technician Certificate. Course competencies include: Warehousing Operations • Information Technology • Inventory Control Systems • Powered Industrial Equipment • Order Processing • Evaluation of Transportation Modes • Measurements & Metric Conversions • Safety

CLA (Certified Logistics Associate) - \$460

Tue, June 3, 10, 17 & 24, 6pm - 9pm Registration Deadline: May 19, 2014 Sierra Hall, West Campus, Room 114

CLT (Certified Logistics Technician)* - \$460

Tue, June 3, 10, 17 & 24, 6pm - 9pm *Must possess CLA Certificate to enroll in CLT

Registration Deadline: May 19, 2014 Sierra Hall, West Campus, Room 114

Lead Instructor: Mary Ann Henriques

NOTE: Participant e-mail address and online internet work outside of class required for CLA / CLT Training

Scan Guns & Inventory Control Systems - \$150

Thu, June 5, 5:30pm - 9:30 pm OR Thu, June 12, 5:30pm - 9:30 pm Sierra Hall, West Campus, Room 114

Lift Truck Safety Training - \$230

Sat., June 7, 8am-5pm OR

Sat., June 14, 8am-5pm.

Location: TBA Age Requirement:

Must be at least 18 years old

Dress Code:

Denim jeans or slacks, closed-toed tennis shoes or work boots, no shorts, dresses, skirts, sandals or low-cut tops.

Lead Instructor: Mary Ann Henriques



Certified Phlebotomy Technician I



Approved for SallieMae Smart Option Student Loan Call for Info.

New Class September 3, 2014

Application Deadline - July 29

A Certified Phlebotomy Technician I (CPT I) primarily collects blood samples for a variety of reasons, including medical testing, blood transfusion, and blood donation. Phlebotomists are also responsible for explaining procedures to patients, and more. Technological advances require more testing, resulting in the need for more Certified Phlebotomy Technicians.

Application process will require you to attend one Mandatory Information Meeting

Wednesday, June 4 - 6:00 pm, Forum Building, room 110 Thursday, June 26 - 6:00 pm, Forum Building, room 102

The purpose of this program is:

- * To prepare you for an entry-level position as a Certified Phlebotomy Technician I
- * To upgrade and/or broaden your skill base

Upon successful completion of this program, you may:

* Take a national Phlebotomy Certification. Upon passing an examination you will be eligible to apply to the State of California for a CPT I certificate.

Four Steps to Become a **Phlebotomist:**

- 1. Classroom instruction 60 hours plus at least 4 classes for testing and practice)
- 2. Externship (hands-on): 40 hours (1 week)
- 3. Take and pass a certification test 2-3 month wait time for application and test
- 4. Register with the state approx. 90 days

NOTE: Parts 1 & 2 can be completed in approximately 9 months to 1 year.



(includes textbooks, lab materials and liability insurance) Price now includes required background check and drug screening for externship.

Information and Application can be downloaded and printed from our website: www.mjc.edu/commed (click on "Phlebotomy" on left column)

Call 575-6063 for Additional Information

Pharmacy Technician Prepare for a **New Career**



New Class Begins Early 2015

Eligible for tuition assistance through WIA/ETPL Alliance Worknet

and

SallieMae Smart Option Student Loan

Information Meeting

Thursday, August 28, 6:00 pm John Muir Hall, West Campus, Room 259

Purpose of program

- To qualify you to be licensed as a Pharmacy Technician (California law requires you to register as a Pharmacy Technician with the California State Board of Pharmacy in order to work as a Pharmacy Technician).
- To prepare you for an entry-level position as a Pharmacy **Technician**

Unique program focus for acute care practice

• You will be trained in aseptic technique and sterile product preparation

The program provides the initial groundwork

• You will be prepared to take the examination for national certification administered by the Pharmacy Technician Certification Board (PTCB). Successful completion of the PTCB examination entitles a technician the designation of CPhT (Certified Pharmacy Technician).

Pharmacy Technicians work in a variety of environments such as hospitals, independent or chain retail pharmacies, urgent care clinics, skilled nursing or longterm care pharmacies, hospice, government, or the pharmaceutical industry.

Application and sample math test available online at www.mjc.edu/com

600-hour program provides lecture, lab and externship



Call for Information - 575-6063

Or visit: www.mjc.edu/commed Click on "Pharmacy Tech" located on the left hand side of the screen.



TRIP INFORMATION



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 66. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

Trip Cancellation Information

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

Day Trips

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/ tours, advance notice of cancellation must be given with the following guidelines:

One-day Excursions

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days notice.

Trips with Pre-purchased Items

Day trips that require MJC to prepay for tickets, meals, or other participant expenses require 30 days notice.

Short, Overnight Trips

Refunds for overnight trips require a minimum of 45 days notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45-day notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

Extended Trips

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

How much walking?

LIMITED: May require a walk to the theater, or to your seats at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.

MODERATE: May require a large amount of walking, usually in either the morning or the afternoon.

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EXTENDED: Will involve walking much of the day.

DAY TRIPS

Sunset

Magazine Celebration Weekend

We are traveling to Sunset Magazine, Northern California headquarters in Menlo Park for the 17th annual Celebration Weekend. Each spring, Sunset Magazine brings the pages of the magazine to life during the two day event from 10 a.m. to 5 p.m. Sunset magazine is the premier guide to Western living, covering the newest and best ideas in Western home design and landscaping, food and entertainment, and regional travel in 13 Western states. This festival is a live example of what readers love about Sunset. You'll get a-behind-thescenes look at the test kitchens and lush gardens, plus tips from the experts as you gear up for summer. You may want to bring a canvas bag with you for any purchases or freebies. Make a Hawaiian lei, paint a pot, or shop at more than 80 tents of cooking equipment, garden accessories, and gifts.

NOTE: Fee includes entrance fee and chartered bus transportation.

Sun, Jun 1 \$66 8:30am - 6:30pm

Wicked - Sacramento

be put on a Wait List. Long before Dorothy drops in, two other girls meet in the Land of Oz; one, born with emerald-green skin, is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. WICKED tells the story how these two unlikely friends grow to become the Wicked Witch of the West and Glinda the Good Witch. You'll be dropped off in Old Town Sacramento for a no-host lunch before being picked up and dropped off at Broadway Sacramento.

NOTE: Fee includes matinee performance in Orchestra middle seating and chartered bus transportation.

Sat, Jun 14 \$139 9:30am - 6:30pm

Hyde Street Pier Tour & Lunch

The San Francisco Maritime National Historical Park seeks to preserve the resources and stories of America's maritime gateways, history, and culture, especially the Pacific Coast. You will pay the \$5.00 entrance fee to Hyde Pier and enjoy a one hour ranger led tour of the Eureka ferry boat and the schooner, Balclutha. The Eureka was one of the last ferry boats utilized, before the Golden Gate Bridge opened, while the Balclutha was built in Scotland in 1877, brought salmon down from Alaska and redwood from Oregon and was used in the movie "Mutiny On The Bounty. After the tour concludes, a delicious lunch at Capurro's Restaurant is included. You'll have a choice of: Beer Battered Fish and Chips, Tri-Tip Steak Sandwich with fries and coleslaw or Pasta Primavera (vegetarian), Vanilla Ice Cream with Homemade biscotti Cookies, and Coffee, Tea or Soda. After lunch enjoy a guided drive around San Francisco that ends at the Ferry Building. You will have approximately 30 minutes of free time at the Ferry Building before the bus heads back to Modesto.

NOTE: Fee includes local San Francisco guide, lunch at Capurro's and chartered bus transportation.

Sat, May 17 \$79 7:30am - 6:30pm

Sacramento San Joaquin **Delta Cruise Rio Vista** Museum and Lunch

Join us for a day on the delta as we explore the cultural and natural history of this critical area of our state. Learn about the importance of the delta and what was it like when first discovered. Witness firsthand the levees, wetland areas, bird-life, and people that all try to co-exist. A short walk to the Rio Vista Museum and lunch at a local restaurant are part of this cruise. We will depart from and return to the Antioch Marina. This is a rain or shine trip.

NOTE: Fee includes boat tour, lunch, museum entrance fee, and chartered bus transportation.

Sat, May 31 \$117 7am - 6pm

San Francisco Moving **Movie Tour & Lunch**

Join us on a fun motor coach tour of the movies made in and about San Francisco. The guided tour begins at the St. Francis Hotel with the first talking movie ever made -The Jazz Singer (filmed 1927). Over 80 of the best film clips will be shown on the bus. They include: The Birds, Vertigo, Dirty Harry, Foul Play, Mrs. Doubtfire, The Maltese Falcon, Birdman of Alcatraz and many more. Lunch is included at Pompei's Grotto. Enjoy cup of Clam Chowder Soup and a choice of: Shrimp Louie, Chicken Piccata, or White Fish, Dessert, and Coffee, Tea, or Soda

NOTE: Fee includes guided tour, lunch, and chartered bus transportation.

Sat. Jun 7 \$83 8:15am - 6:30pm



The aircraft carrier USS Hornet is a national treasure, having participated in two of the greatest events of the 20th century - World War II and the Apollo 11 manned space mission. In October 1998, the ship was opened to the public as a museum. Enjoy a private two hour docent lead tour, including the Navigation Bridge, Forecastle, and Engine Room. After the tour, a hot lunch is included in the Officers' Mess. Choose from: Baked Chicken Breast or Vegetarian Lasagna. All meals served with Mashed Potatoes & Gravy, Vegetables, Roll, Cookie, Soft Drink or Water. After lunch enjoy free time to explore the ship on your own. You may want to pay to experience riding the Flight Simulator that allows you a taste of the thrill of flight.

NOTE: Fee includes guided tour, lunch, and chartered bus transportation

Sat, Jun 21 \$73 8am - 6pm

Bay Area Shopping Day

Join us on a fun-filled shopping day at the Livermore Premium Outlets and Stoneridge Mall Shopping Center in Pleasanton. Our first stop will be the Livermore Premium Outlets; home to over 100 stores. Shop at Bloomingdale's Outlet, Burberry, J. Crew, Last Call by Neiman Marcus, Michael Kors, Saks Fifth Avenue Off 5th, and many more. At 1:30 p.m. we'll depart for the Stoneridge Mall Shopping Center. To name a few: Ann Taylor, J. Crew, Macy's, Nordstrom, Pottery Barn, Talbot's, Williams Sonoma, and more. Enjoy a no-host lunch at one of many restaurants including: California Pizza Kitchen, Cheesecake Factory, and PF Chang's.

NOTE: Fee includes chartered bus transportation only.

Sat. Jun 28 \$45 9am - 7pm

Roaring Camp

Travel by chartered bus to Felton and enjoy a round-trip train ride on the Roaring Camp Railroads to the Santa Cruz Beach Boardwalk. Travel through Henry Cowell Redwoods State Park, down the scenic San Lorenzo River Gorge, across a 1909 steel truss bridge, and through an 1875 tunnel before arriving at the Santa Cruz Beach Boardwalk. This old-school boardwalk harkens back to an earlier era of lazy leisure and family-friendly amusement. The park features a carousel, dozens of rides, test-your-skill challenges, laser tag, an indoor video game and pinball arcade, and the requisite cotton candy, hot dog and lemonade stands. Enjoy your afternoon before boarding the train for your return trip back to Roaring Camp. A brief stop is planned at Casa de Fruta on the return home.

NOTE: Fee includes round-trip train transportation and chartered bus transportation.

Sat, Jul 12 \$77 7:15am - 9pm

Giants Baseball San Francisco

Seats are in Club Level, Section 230, under the overhang, at the AT&T Park. Call today to be put on the Wait List for all games.

NOTE: Fee includes ticket and chartered bus transportation. Community Education cannot be responsible for game time changes due to ESPN broadcasting the game(s). We will adjust the bus schedule accordingly, but no refunds will be issued.

Minnesota Twins

Sun May 25 \$102 9:45am - 7pm

Colorado Rockies

Sun Jun 15 \$118 9:45am - 7pm

Cincinnati Reds

Sun Jun 29 \$121 9:45am - 7pm

LA Dodgers

Sun Sep 14 \$118 9:45am - 7pm

Ferry Building/Pier 39

The Ferry Plaza Farmers Market is a certified farmers market and has been a year-round market since 1993. On Saturday's, the market is held both in front of the Ferry Building on the Embarcadero and on the rear plaza overlooking the Bay. A wealth of other products includes regional artisan specialties such as: breads, artisan cheeses, jams, and fresh local fish. Shopping at a farmers market provides a forum for learning how food is grown, who grew it, and why it tastes so good. Located within the historic Ferry Building are different shops, cafes, and small eateries. After 2 hours spent at the market, we head to the Fisherman's Wharf/Pier 39 area where you may enjoy the day as you please.

NOTE: Fee includes chartered bus transportation only

Sat, Jul 19 \$45 8:30am - 6:30pm

deYoung Museum and Legion of Honor

Modernism from the National Gallery of Art: The Robert and Jane Meyerhoff Collection features nearly 50 paintings by the great masters of the post-war world. This exhibition is the first viewing outside the greater Washington, D.C. and Baltimore areas. Highlights include: Stella's Flin Flon IV, Johns' Perilous Night, and Lichtenstein's Painting with the Statue of Liberty. The centerpiece of the exhibition is Barnett Newman's The Stations of the Cross. The afternoon will be spent at the Legion of Honor. The Legion of Honor displays a collection of 4,000 years of ancient and European art. One of the current exhibitions - Intimate Impressionism from the National Gallery of Art, showcasing approximately 70 Impressionist and Post-Impressionist paintings - is available for an additional fee.

NOTE: Fee includes general entrance to both museums, Moderism Exhibition and Headset Rental at the deYoung, and chartered bus transportation.

Sat, Jul 26 \$75 8am - 6pm

Santa Cruz Follies

For over 50 years the Senior Citizens Opportunity of Santa Cruz has been putting on a musical variety show. This year's theme is "Moments In Time". Before the performance we'll eat a delicious early lunch at the Crow's Nest Restaurant, located in Santa Cruz.



You'll have a choice of: Grilled Chicken Breast, Black Angus Sirloin Steak, or Seafood Special of the day. A brief stop is planned on the way home.

NOTE: Fee includes lunch at the Crow's Nest Restaurant, tickets to the Santa Cruz Follies. and chartered bus transportation.

Sat, Sep 13

\$97

7:45am - 6:45pm

Interested?



We have the opportunity to purchase tickets for The Phantom of the Opera in San Francisco Aug. 26-Oct. 4, 2015. We want to get an idea of the interest for the trip. If there is enough interest, we will purchase tickets when they are available, and then contact those on the interest list first.

Call 575-6063 to put your name and approx. how many seats you would want. If dates and times won't work, you let us know when we call you.



Extended Trip Information Meeting

Come and see what MJC is offering in 2014 and 2015

See slides, ask questions, and meet others with your same travel interests.

Saturday, June 14, 2014 2:00 p.m.

Round Table Pizza 3848 McHenry Ave., Suite 150 Modesto, CA

Call 575-6063 to RSVP



London & Paris

9 Days September 7-15, 2014

Experience two of the world's most popular cities on one fabulous tour. Arrive on Day two in London, England. We are flying in one day early before the tour begins on Day three at the welcome dinner. Day four a local expert leads you on a panoramic tour of London. See Trafalgar Square, St. Paul's Cathedral, and Buckingham Palace. At Westminster, see the houses of Parliament, Westminster Abbey and Big Ben. This afternoon enjoy a theatre performance. Day five is at leisure. Day six depart London and travel on the Eurostar High Speed Train to Paris, France. Tonight enjoy dinner at the Eiffel Tower followed by a Seine River cruise. Day seven see the Arc de Triomphe, Notre Dame Cathedral, Champs Elysees on a guided tour. Day eight enjoy leisure time ending with a farewell dinner. Day nine the tour ends and you fly home.

Call for prices and availability.

Memorials of War: Normandy & Paris

70th Anniversary of D-Day Landings November 6-15, 2014

This moving tour marks the 70th anniversary of the D-Day landings. Arrive in Paris, the "City of Lights" on Day two. Trip highlights include: Paris, Vel d'Hiv Memorial, Eiffel Tower Dinner, Normandy, Memorial Peace Museum, D-Day Landing Beaches, St. Mere Eglise, Bayeux Tapestry, Le Mont St. Michel, Chartres Cathedral.

Call for prices and availability.

of Indochina Vietnam, Laos and Cambodia

19 Days October 30 - November 17, 2014

Trip highlights include:

Reunification Palace, War Remnants Museum, Mekong Delta, Hoi An Ancient Town, Imperial Citadel, Hanoi Hilton, Ho Chi Minh Mausoleum, Water Puppet Theater, Halong Bay, Baci Ceremony, Ta Prohm Temple, and Angkor Wat.

Call for prices and availability.

Albuquerque Balloon Fiesta

6 Days October 7-12, 2014

The Albuquerque International Balloon Fiesta is a world-renowned attraction and destination. For more than four decades, the first week in October brings the picture show of hot air balloons sailing



silently through the crisp fall air.

Trip Highlights include: Santa Fe, Loretto Chapel, Santa Fe School of Cooking. Turquoise Trail, Albuquerque Balloon Fiesta, Old Town Albuquerque, Nuclear Science & History Museum, and Indian Cultural Museum.

Call for prices and availability.

South America

South America with Optional 4-Night Brazilian Amazon Pre-tour Extension

This amazing tour allows you to choose either the 11 day tour or the 17 day tour.

Note: Additional visa and entrance fees may be required.

The Wonders of South **America** February 26 – March 8, 2015 - 11 Days

After an overnight flight, arrive on Day two in Rio de Janeiro, Brazil, host of the

2014 World Cup and 2016 Summer Olympics. Day three is at leisure. Day four embark on a city tour. This afternoon ascend Corcovado by train to Christ the Redeemer, one of the largest Art Deco statues in the world. Day five fly to Iguazu Falls. Enjoy a walking tour of the Brazilian side. Day

six board the Rainforest Ecological Train on the Argentine side and walk to the platform overlooking powerful Devil's Throat. Day seven journey to Mendoza. Day eight enjoy a city tour and see the Parque General San Martin and the lively central Plaza Independencia. Day nine fly to Buenos Aires, birthplace of the tango and capital of Argentina. See the Avenida 9 de Julio; Recoleta Cemetery, where Evita Peron rests; the Presidential Palace and more. Day ten is at leisure. Tonight enjoy dinner and a stunning tango performance. Day eleven either the tour ends or you continue on.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 15 Meals included. \$520 deposit per person due upon registration. Save \$250 and book by August 26, 2014

Double- \$5,749 per person Single-\$6,899 per person

Experience South America February 26 – March 14, 2015 - 17 Days

Days' one through ten is the Wonders of South America tour. Day eleven is at

> leisure. Day twelve fly to San Carlos de Bariloche, situated in northern Patagonia. Day thirteen embark on the renowned Circuito Chico tour of Bariloche. Day fourteen travel from Argentina to Chile. Day fifteen enjoy the Lake District. After a stroll through the fish market, view the unique cathedral, built en-

tirely of redwood. Continue to Puerto Montt where you will fly to Santiago, Chile. Day sixteen tour Santiago. Ride the cable car up Cerro San Cristobal for sweeping views of Santiago and the Andes and admire the Statue of the Immaculate Conception. Late afternoon enjoy a gourmet meal of Chilean favorites in this countryside setting. Day seventeen the tour ends and you fly home with many memories.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 26 Meals included. \$520 deposit per person due upon registration. Save \$500 and book by August 26, 2014

Double-\$8,299 per person

Single- \$9,949 per person

FLORIDA

10 Days - February 8 - 17, 2015

Escape the valley cold and travel to beautiful sunny Florida. This trip includes a free day in Orlando to visit one of the many theme parks in the area. Arrive



on <u>Day one</u> in Miami and enjoy a welcome dinner. <u>Day two</u> after a morning tour of Miami, depart for the tropical Florida Keys. Upon arrival in Key Largo, enjoy leisure time. <u>Day three</u> journey to Key West for a full day of exploring.

Board a conch train tour and step back in time. <u>Day four</u> travel through Everglades National Park, a UNESCO World Heritage site. Later, arrive in Naples, situated on the Gulf of Mexico. <u>Day Five</u> enjoy a day of leisure or choose the optional swamp tour in the morning or the Edison and Ford Winter Estates in the afternoon. <u>Day six</u> journey to Cocoa Beach home to NASA's launch head-quarters, Ron Jon's – the world's largest surf shop, and historic Cocoa Village. <u>Day seven</u> spend the day exploring Kennedy Space Center and have the opportunity to meet an astronaut. <u>Day eight</u> depart for the country's oldest city, St. Augustine. Embark on a hop-on hop off trolley tour of the sights. Later, travel to Orlando and enjoy an included dinner in this magical city. <u>Day nine</u> is at leisure. You may want to visit Epcot or one of the many other theme parks. <u>Day ten</u> depart for home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 12 meals. \$455.00 deposit per person due upon registration. Save \$100.00 and book by August 8, 2014.

Double - \$3899 Single - \$5384

Niagara Falls to New York City

7 Days - September 19 - 25, 2014

This custom tour allows three nights at majestic Niagara Falls. Trip highlights include: Cruise on the Erie Canal, Vintage train ride, Niagara Falls with Maid of the Mist Cruise, Sonnenberg Gardens and Mansion, Cooperstown, West Point, and final night stay in New York City.



Call today for prices and request a brochure.



Shades of Ireland

11 Days - March 16 – 26, 2015

We are traveling one day early to arrive on Saint Patrick's Day and enjoy the parade in Dublin, where the tour begins. Spend the first three nights in Dublin. Visit St. Patrick's Cathedral, O'Connell Street, Grafton Street, and Phoenix Park. Enjoy free time to visit Trinity College and see The Book of Kells, the lavishly decorated first four gospels of the New Testament, widely regarded as Ireland's finest national treasure. Depart on Day five for Waterford where you will visit the House of Waterford Crystal and afterwards depart on a leisurelypaced walking tour. Day six en route to Kilarney journey to Blarney Castle and a chance to kiss the Blarney Stone. In Kilarney, travel to Muckross House and Gardens by way of a jaunting car ride. <u>Day seven</u> travel around the coastal Ring of Kerry. Enjoy ocean scenery as you travel through picturesque villages. <u>Day</u> eight experience the customs and daily life of a traditional Irish family during a visit to Molanna Dairy Farm. Next, travel to Limerick where a panoramic city tour showcases King John's Castle and the Treaty Stone. Day nine depart for the Cliffs of Moher whose stunning 700 foot high cliffs have awe-inspiring views of the mighty Atlantic and the Aran Islands. After leaving the Cliffs of Moher,

travel through the limestone landscape of the Burren, known for its stark beauty and Neolithic tombs. Arrive in Galway where a brief city tour introduces "The City of Tribes". Day ten depart Limerick for a journey to Irish Whiskey territory. Visit a distillery and learn the process of whiskey making and enjoy a tasting of the final product. Arrive in Kingscourt where you will spend your



final night in Cabra Castle. Tonight toast the end of a fabulous trip during your farewell dinner. Day eleven depart for home with wonderful memories of the Emerald Isle.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 14 meals. \$500 deposit per person due upon registration. Save \$250 and book by September 16, 2014.

Double - \$3,549 per person

Single - \$4,039 per person

Portugal and It's Islands

April 24 - May 6, 2015 13 Days



This spectacular tour of Portugal features four nights in Lisbon, four nights on the Azorean island of St. Michael and three nights in Madeira. Arrive on Day two in Lisbon. Days three and four highlights include: the Moorish Alfama Quarter, Jeronimo's Monastery, Monument to the Discoveries, Sintra, a Fado show, Fatima and the famous Basilica, Nazare, and Obidos. Day five fly to St. Michael, the largest of the nine islands. Days six, seven and eight highlights include: A walking tour of Ponta Delgada, Saint Christ's Church, St. Sebastian Church, the Jesuit College, a pineapple and tea plantation, Terra Nostra Park, Ribeira Grande, and Povoacao, home of the island's first settlement and oldest church. Days nine, ten and eleven fly to Madeira Island, the "pearl" of the Atlantic. Highlights include: Funchal's charming plazas, colonial mansions, Camara de Lobos, Sao Vicente, Porto Moniz, and Santana, a village characterized by small triangular homes thatched with straw. Day twelve return to Lisbon and join your fellow travelers for a farewell dinner at St. George's Castle, situated on a hilltop overlooking the city of Lisbon. Day thirteen the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 18 meals. \$500 deposit per person due upon registration. Save \$250 and book by October 24, 2014.

Double - \$4,749 per person

Single - \$5,449 per person

Heart of the South

April 12 - 19, 2015 8 Days

Arrive on Day one in New Orleans. <u>Day two</u> enjoy a panoramic driving tour and dinner at the famous restaurant, Court of Two Sisters. <u>Day three</u> embark on a walking tour of the famous French Quarter. The afternoon is at leisure. <u>Day four</u> travel to Baton Rouge and tour the Louisiana State Capitol Building. Next, continue to Natchez. After touring Stanton Hall, enjoy dinner at Lansdowne House, a privately-owned antebellum plantation home. <u>Day five</u> a local guide takes you on a tour of this pre-Civil War town. Tour Longwood, an



octagonal mansion that today remains unfinished. The afternoon is at leisure. Day six enjoy a guided factory tour of the Tabasco Pepper Sauce Factory, Later, continue on to Lafayette, the heart of Cajun Country. Tonight, dine at Pont Breaux's Cajun Restaurant, featuring Cajun cooking and live entertainment. Day seven visit the Acadian Cultural Center at Jean Lafitte National Park. Next, visit Vermilionville, a 23 acre living history museum. Later, see the swamp as you cruise along bayous through the Atchafalaya Basin. This evening, enjoy a farewell dinner at the Accidental Chef Cooking School. Day eight the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 11 meals. \$425 deposit per person due upon registration. Save \$100 and book by October 12 2014.

Double - \$2,459 per person

Single - \$2,959 per person



Highlights: Mount Rushmore and **Crazy Horse** June 23 - 29, 2015 - 7 Days



This leisure stay tour features a single hotel stay in Rapid City, gateway to some of America's most beautiful locations. Day one enjoy a get acquainted dinner. Day two travel to Mount Rushmore, whose figures carved in stone represent the first 150 years of American history. Next, visit the Crazy Horse Memorial and learn the story behind the world's largest sculpture still in progress. Day three travel through 14 miles of magnificent rock formations on the Needles Highway. Later, drive through Custer State Park. Tonight enjoy a "Chuckwagon Supper & Cowboy Music Show" held on the film set of Dances with Wolves. <u>Day four</u> enjoy a guided tour of the Black Hills Wild Horse Sanctuary. The afternoon is at leisure. Day five explore Badlands National Park. Next, stop at Wall Drug, an authentic store from 1936. The afternoon is at leisure. Day six travel to Deadwood, a national Historic Landmark. Enjoy a guided tour of the city including a visit to Mount Moriah Cemetery. This afternoon visit Lead's visitor center and hear of the famous Black Hills Gold Rush and the city's important role in South Dakota history. Tonight, enjoy a farewell dinner. Day seven the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 9 meals. \$455 deposit per person due upon registration. Save \$100 and book by Dec. 23, 2014.

Double - \$2,199 per person Single - \$2,649 per person

RIVER CRUISE

Information Meeting

Tuesday, May 13, 2014 - 4:00 PM

Modesto Junior College 435 College Ave, Modesto, Forum Bldg., Room 110 Call for a free parking pass

Cruising Burgundy & Provence to the Cote d'Azur May, 2015 - 13 Days

Highlights: Paris, Beaune, Lyon, Tournon, Viviers, Avignon, Arles, Nice This 13-day trip spends 7 glorious nights cruising aboard Grand Circle M/S Chardonnay in an outside cabin, 3 nights in Paris and 1 night in Nice. 25 meals included as well as wine at dinner. Revel in picturesque scenery and tour the Beaujolais region north of Lyon – home to 13 French wine appellations vineyards. Maximum of 46 passengers on ship, limited space available

Frequently Asked Questions

Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program. In some cases there are additional material fees collected either by the instructor or at the time of registration for books or class supplies.

Do I have to pay for parking?

MJC parking regulations are in effect 24 hours a day from 7 a.m. on Monday thru 5 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$1.00. Street parking is free.

Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

Supply Lists

Some of our offerings require a supply list. If you don't receive one, call our office at 575-6063 a few days before the start date. They are also posted on our web site at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 575-6063 to confirm the class will be held.

Can I get a refund?

OFFERINGS

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Different refund policies apply to trips and tours - see page 51.

CANCELLED OFFERINGS

A full (100%) refund will be given for an offering or trip that the college cancels. Refunds take a few weeks to process. If you pay by credit card, your account will be credited, if you pay by check or cash, you will receive a check in the mail.

ON-LINE REGISTRATION

If you registered over the internet you MUST call our office to receive a refund.

Will I receive college credits?

No - all of Community Education classes are not-for-profit. You may request an Award of Attenandce once the class is over - no other records will be kept. If you wish to receive credits, you should choose an MJC credit

Can my child take an adult class?

With the Minor Consent form (page 67) a child ages 14-17 may register for an adult class. The instructor needs to okay the child in their class. Call for age requirements for Motorcycle classes.

Can I get Financial Aid?

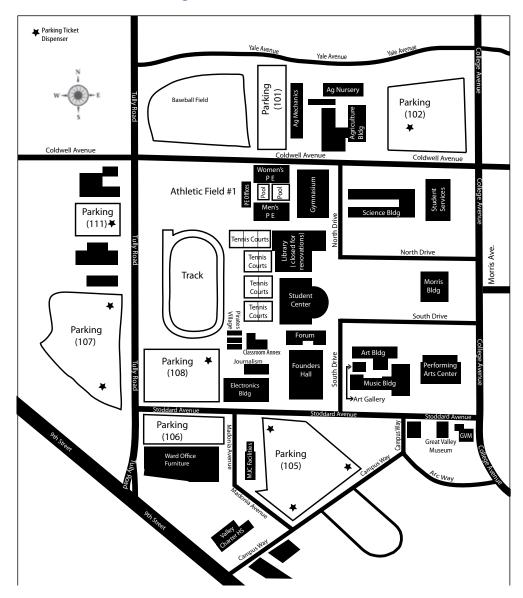
Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.

Modesto Junior College - East Campus

435 College Avenue, Modesto, CA 95350



Off-Campus Location Key

Direct Appliance - 2424 McHenry Avenue, Modesto

Dryden Park Golf Club - 920 Sunset Ave., Modesto

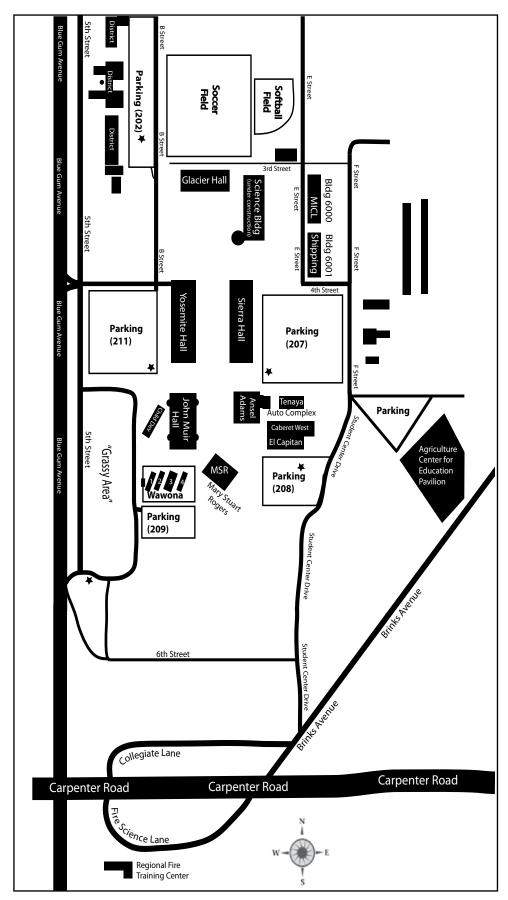
VCHS (Valley Charter High School) - 108 Campus Way (off of Stoddard Avenue)

Village Yoga - 1700 McHenry Avenue, Modesto, Ste. 66C

You Can Dance - 1501 Coffee Rd, Suite P, Modesto

Modesto Junior College - West Campus

2201 Blue Gum Avenue, Modesto, CA 95358



Register Form and Information

ONLINE www.mjc4life.org — Register online and save \$3. If you register online you will receive instant verification of enrollment!

All registrations except online registration, trips and motorcycle training, pharmacy, phlebotomy, and paralegal will be charged a \$3 registration fee.

If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 575-6063.

If you have not registered for a Community Education class/trip before, please click on Sign In on the left side, and then "Create New Student Profile." Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

PHONE 575-6063 If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$3 registration fee added to your order. Please have all information requested on the registration form below available when you call.

WALK-IN Morris Memorial Admin. Bldg, Rm 204, East Campus, 435 College Ave, Modesto Register in person - Hours: Mon-Fri, 8am-5pm. \$3 fee charged for most classes.

MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350 Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$3 registration fee to the total (see form below).

FAX 575-6025 Be sure to include credit card information on your registration form. Add the \$3 registration fee to the total (see form below).

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First Name	Last Name _		
Mailing Address			
City		Zip	
Gender: ☐ M ☐ F Date of Birth _			
Home Phone	Work/Mob	oile	
Email Address			
REQUIRED for registration: \Box I have real	ad the Refund Polic	y on page 63.	
Write the Class Title (or enough of the tit the appropriate Section Letter (A - B - C) i	, ,	•	lune 3).
CLASS TITLE (and Section Letter if neede	d (A - B - C)	START DATE	PRICE
Registration Fee (If you are NOT register All registrations EXCEPT online registra phlebotomy, and paralegal, special spo	ing online please acation, trips, motorcy	dd this \$3 fee)	\$3.00
		TOTAL	
Credit Card #		_	
Expiration Datel			
Name on Card (PLEASE PRINT)			
Card Holder Signature			

Minor Consent Form - Ages 14-17

Enables students ages 14-17 to take an adult class without an adult registering with them. Instructor needs to approve having minors in their class.

First Name	Last Name	
Mailing Address		
City	Zip	Date of Birth
Gender: \square M \square F Phone		
Email Address		
REQUIRED for registration:	ead the Refund Policy	on page 63.
CLASS		START DATE
As the parent/guardian of the above for him/her to enroll in the Commumy permission for emergency first a permission for him/her to be treate counselor.	inity Education adu aid treatment for m	It class(es) listed above. I give y minor child/legal ward, and
Parent/Guardian Signature		Date
Credit Card #		
Expiration DateL		
Name on Card (PLEASE PRINT)		





REGISTER NOW!

See pages 39-44 for the fun camps that are planned for Summer 2014.

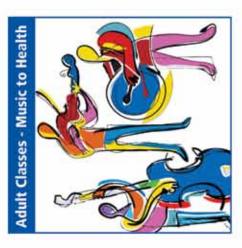
S'more Campfire Fun • Sci Fy Why Science Camp Despicable Me III • Fun with Physics

New this year is our half-day camp for younger children (Ages 5-6) not ready for an all day camp.

Fun Classes for Kids/Teens



Non-Profit Organization U.S. Postage PAID Modesto, CA Permit No. 25





RESIDENTIAL CUSTOMER ECRWSS

New Classes in Summer 2014

CHALK PAINT® 101
Marquee DIY Project
Gluten-Free Favorites
nOODLES of Fun

Zumba Gold[®]
Water Conservation
Tumbling Fun for Kids
Cheer 'n Dance for Kids

Seusstastic Summer! Mask Making Cooking Academy (Kids) Young Flyers (Diving)

Not printed at taxpayer expense. Community Education classes are not-for-credit, and fully fee supported.